

Julia Edrington
IM 6 Sim Reflection

I was not really sure what to expect with sim this week since it was different than previous sim scenarios. Normally, we are given a patient and have time to prepare beforehand on what we may need to do for the patient. This time, since we did not know anything going into the scenario, I was a little nervous. However, I ended up liking it better this way as it kept me from overthinking and worrying about how the scenario would play out. I felt like my scenario went very well as the one “key trigger” for my patient was something that I thought of (during my briefing time before starting the scenario) to notify my patient about. This in turn kept my patient from having any issues and made my scenario go smoothly. I felt like Dr. Harrison did a good job with pre and post brief on each scenario with explaining more in depth about the case. The case I was the patient for I was assigned a bipolar manic patient. It was rather tiring to be so hyped up just for that scenario and I could not imagine living like that for several days. It also allowed me the opportunity to really put myself in the shoes of someone going through a manic episode. I feel as though this will help me in the future to know how to better help patients that come in experiencing a psychiatric disorder. I want to work in the emergency department when I graduate, so I know that I will see patients with psychiatric disorders fairly regularly. So many times these patients are given a stigma about being “crazy” and this simulation experience will definitely help me in the future with giving my patients the best possible care I can.