

Covenant School of Nursing Reflective Practice

Name: Eric Andrade

Instructional Module: IM6

Date submitted: 4/25/24

<p>Step 1 Description</p> <ul style="list-style-type: none">• I was able to experience life of a newborn baby• I was in the patient's room observing the nurses do their assigned job to get ready for the delivery• Three nurses and the physician attended the delivery.• I was observing how a vaginal delivery process started and ended	<p>Step 4 Analysis</p> <ul style="list-style-type: none">• What I was able to apply from my studies and research, the medication (oxytocin) that is given to the patient to increase contractions to help with labor.• I was able to understand the stages of labor and how one lead into another, the signs, and symptoms the patients were experiencing I was able to understand what was going on.• Other perspectives from classmates were different, because we experienced two different deliveries from a vaginal delivery to a c-section.
<p>Step 2 Feelings</p> <ul style="list-style-type: none">• I was excited and nervous since I had never seen or experienced a delivery of a baby.• As a male it helped me understand more what the female population goes through during birth.• The event of being able to experience the birth, made me feel happy as I got to see emotions from the parents introducing their newborn to the world.• The outcome of the delivery reminded me of why I want to become a nurse, to be able to have different experiences and be able to help people when in need.• Happiness is the first word that comes to mind, I found myself smiling as the baby took its first breath and got to meet his mom and dad, as they both discussed who had more of the features.	<p>Step 5 Conclusion</p> <ul style="list-style-type: none">• Experiencing my first birth delivery, I wouldn't know what I could had made the situation better as I was learning my way for the first time, I'm positive as I go through more experiences I can understand and practice a better patient care.• I believe the nurse that I was following around did a great job, the nurse was very educational, professional, and attentive to the patient's needs.• I learned a lot from this experience, I was able to understand more in a real life setting and being able to put my knowledge and observations together.
<p>Step 3 Evaluation</p> <ul style="list-style-type: none">• How the process of delivering the baby went smooth with no complications.• The bad thing I would have to say is when the Dr. had to put in the epidural. The epidural didn't go through until the second attempt, causing the pt. a lot of pain.• Observing lead, me to asking more questions on why things were done and what the outcome was for that question.• I contributed on being able to assess the patient before delivery and monitored levels and asses the patient after the delivery.	<p>Step 6 Action Plan</p> <ul style="list-style-type: none">• Overall, I'm grateful for this experience, being able to observe how life starts in the world, understanding that was all of us at one point in time.• I was not able to help during the labor or the delivery but to observe and do as little as I was able to, I'm sure once I'm able to; I will mess up and hopeful not bad but mistakes that I can learn from.• I can help educate first time mothers what to expect and what to understand and look for during their pregnancies.