Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: PCNs, Bactrim, Ciprofloxacin, Levaquin, Sulfa antibiotics, and Doxycycline

Primary IV fluid and rate: N/A

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Buspirone	15 mg PO BID		Anti-anxiety	1. This medication may cause insomnia. Notify your doctor if you start having trouble sleeping at night. 2. Alert your nurse before getting out of bed as this medication may cause dizziness and blurred vision. 3. Notify your doctor of a anxiety, restlessness, agitation, disorientation, sweating, dry mouth, and flushed skin. This could be a sign of serotonin syndrome.
Gabapentin	100 mg PO TID		Neuropathy	1. Notify your doctor of any increased feeling of depression as this medication may worsen depression symptoms. 2. Alert your nurse before

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				getting out of bed as this medication may cause dizziness and vision changes. 3. Notify your doctor of any bull's eye patterned rashes or mouth ulcers. This medication can cause Erythema multiforme.
Losartan	50 mg PO Daily		Antihypertensive (ARB)	1. Notify your doctor if you start having difficulty breathing, catching your breath, or coughing as this medication can cause a URI. 2. Notify your doctor of any muscle aches or weakness, fatigue, muscle cramping, or soreness as you might be developing rhabdomyolysis. 3. Watch for any easy or excessive bleeding, bloody urine or stool, easy bruising, or fatigue as this medication can cause thrombocytopenia.
				1. Notify your nurse or

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Meropenem	1 g IVP BID	1 g in 20 mL of sterile water 1 g/20 mL Push over 5 minutes	Antibiotic	doctor is you notice any sensitivity including redness, tenderness, or warmth around the IV site. 2. Notify your PCP of any watery stools while taking this as this med can cause C. diff associated diarrhea. 3. Notify your doctor of any bull's eye patterned rashes or mouth ulcers. This medication can cause Erythema multiforme.
Methenamine Hippurate	1 g PO BID with breakfast and dinner		Preventative treatment for recurrent UTIs	1. Notify your doctor with any pain, fever, cloudy or foamy urine, or bad smelling urine as this medication can cause crystalluria. 2. Watch for signs of Dyspepsia. These include pain or burning in the stomach, bloating, excessive belching, or nausea after eating. Notify your doctor if you have any of these symptoms.

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				3. Watch for any pink, red, or cola coloring in your urine as this medication can cause hematuria.
Methylprednisolone Sodium-succinate	40 mg IVP Daily	40 mg/1 mL Push slowly ACT-O-VIAL	Anti-inflammatory (corticosteroid)	1. Alert your nurse before getting out of bed as this medication may cause dizziness and vertigo. 2. Watch for any small brown-purple spots under the skin due to bleeding. This is called petechia. Notify your doctor if you develop these spots. 3. Closely monitor the electrolytes as this medication can cause sodium retention and hypokalemia.
Mirabegron	50 mg PO Daily		Antispasmodic	1. This medication can cause xerostomia or dry mouth. Take frequent sips of water and chewing gum to help with this. 2. Alert your nurse before

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Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

				getting out of bed as this medication may cause dizziness and hallucinations. 3. Notify your doctor immediately if you develop swelling, hives, dizziness, or patchy welts. These could be signs of angioedema.
				1. 2. 3.
				1. 2. 3.

Medication reference: Epocrates. (2019). Epocrates Medical References (version 18.12) [Mobile App].

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