

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKDA

Primary IV fluid and rate: Lactated Ringers @ 125 mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): to replenish fluid and electrolytes in patients with low blood volume or low blood pressure. Isotonic

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Atorvastatin	40 mg PO Daily		To treat high cholesterol	<ol style="list-style-type: none"> 1. May cause worsened cognitive impairment. 2. Avoid grapefruit juice. This increases the level of Atorvastatin in the blood and can worsen side effects. 3. May cause an increased risk of a UTI because “statins” may cause neurogenic inflammation of the bladder.
Cholecalciferol	25 mcg PO Daily		Increases vitamin D	<ol style="list-style-type: none"> 1. Report any pain in the back or side part of your body, pain during urination, or blood in the urine. May have developed a kidney stone from hypercalcemia. 2. Could be nephrotoxic if taken for a long period of time. 3. Watch for diarrhea, painful

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				muscle spasms, hyperactive reflexes, or tingling around the mouth. Could be hyperphosphatemia.
Clopidogrel	75 mg PO Daily		Antiplatelet	<p>1. Watch for any signs of bleeding. Excessive bruising or bleeding gums as this med has a caution for bleeding risk.</p> <p>2. This medication may cause pancytopenia. Symptoms may include fatigue, rapid heart rate, and shortness of breath.</p> <p>3. This medication may cause aplastic anemia. A condition where the body stops producing enough blood cells. Symptoms may be dizziness, frequent infections, and/or weakness.</p>
Donepezil	10 mg PO Nightly		Dementia/ Alzheimer's disease	1. Notify your doctor of your history of heart issues while taking this medication as there is a caution for patients with a long QT, recent MI, or arrhythmia.

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				<p>2. Notify someone before getting out of bed as this medication may cause dizziness and syncope.</p> <p>3. Notify your doctor of your history of BPH as this medication may cause further urinary obstruction.</p>
Finasteride	5 mg PO Daily		Treats BPH	<p>1. Notify your doctor is you feel any lumps or abnormal growths in your breast as this medication can cause breast cancer.</p> <p>2. Notify your doctor of your history with bipolar disorder and depression as this mediation can cause suicidal ideation.</p> <p>3. Watch for any swelling, patchy rashes/welts, dizziness, or difficulty breathing and notify your doctor immediately as this medication can cause angioedema.</p>

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Memantine	5 mg PO BID		Treats dementia	<ol style="list-style-type: none"> 1. This medication may cause hallucinations, aggressions, or attitude changes. 2. Monitor the O2 stats as this medication can cause dyspnea. 3. Take the extended-release tablets whole. Do not crush, break, or chew them.
Meropenem	1 g IVP TID	20 mL sterile water Give over 5 minutes	Antibiotic	<ol style="list-style-type: none"> 1. Notify your nurse or doctor is you notice any sensitivity including redness, tenderness, or warmth around the IV site. 2. Notify your PCP of any watery stools while taking this as this med can cause C. diff associated diarrhea. 3. Notify your doctor of any bull's eye patterned rashes or mouth ulcers. This medication can cause Erythema multiforme.
				<ol style="list-style-type: none"> 1. Notify your doctor if you start showing signs of ulcerative colitis such as pain in

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Oxybutynin	15 mg PO Daily		Antispasmodics	<p>the abdomen or rectum, bloating, blood in stool, fatigue, or fever.</p> <p>2. Notify your doctor if your dementia symptoms start getting worse. This medication is cautioned for dementia patients as it may cause worsened cognitive symptoms.</p> <p>3. Notify someone before getting out of bed or standing up as this medication may cause dizziness.</p>
Paroxetine	20 mg PO Daily		Antidepressant	<p>1. Black Box Warning: Antidepressants increase suicidality. Monitor closely for clinical worsening and suicidality.</p> <p>2. Watch for any signs of bleeding. Excessive bruising or bleeding gums as this med has a caution for bleeding risk.</p> <p>3. Notify your doctor of any</p>

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				feelings of abnormal heartbeat. This medication may cause palpitations.
Tamsulosin	0.4 mg PO Nightly		BPH	<ol style="list-style-type: none">1. Notify someone before getting out of bed as this medication may cause dizziness and syncope.2. Notify your doctor immediately of a prolonged erection. This is called priapism and without intervention this could cause necrosis of the penis.3. Notify your doctor of any bull's eye patterned rashes or mouth ulcers. This medication can cause Erythema multiforme.

Medication reference: Epocrates. (2019). Epocrates Medical References (version 18.12) [Mobile App].