

Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: NKDA

Primary IV fluid and rate: NS 100 mL/per

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Maintenance; Isotonic

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Chlorhexidine	30 mL PO BID	NA	Cleaning Agent - Oral Mouthwash	<ol style="list-style-type: none"> 1. Do NOT swallow this rinse; it can cause GI upset and toxic buildup in the GI tract 2. Wait 30 minutes before drinking or rinsing mouth with water to allow medication to fully settle into mouth 3. For proper use of mouthwash, swish the solution in your mouth for 30 seconds, and then spit it out.
Enoxaparin	40 mg SQ Daily	NA	Blood Thinner	<ol style="list-style-type: none"> 1. Switch to soft bristle toothbrush to avoid excess bleeding

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				<p>2. Report black & tarry stools; this could indicate severe bleeding in the GI tract</p> <p>3. Increase daily ambulation (short walks or minimal exercise) to increase prevention of blood clots</p>
Metoprolol	50 mg PO Daily	NA	Hypertension	<p>1. Do NOT crush the tablet; this can cause poor absorption of the medication</p> <p>2. DO NOT take this medication if systolic BP is less than 100 to prevent low BP (systolic is the top number)</p> <p>3. Take with or without food but always take the same way to avoid GI upset</p>
Piperacillin -	3.375 g	3.375 mg/100 mL	Antibiotic	1. Finish dose entirely; as

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Tazobactam	IVPB q8h	25 mL/hr		<p>prescribed to avoid resistance to antibiotic use</p> <p>2. Notify HCP if you have jerking motions that are not controlled; this can be a dangerous adverse effect that can lead to injury</p> <p>3. This medication can injure the kidneys so it is best to increase daily water intake to minimize pain</p>
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Triamterene - Hydrochlorothiazide	25 mg PO Daily	NA	Diuretic & Hypertension	1. Do not take in the evening time - you may wake up multiple times to urinate during the night

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				<p>2. Be careful when changing positions quickly; this medication can cause dizziness and unsteadiness</p> <p>3. Take daily weight to measure fluid balance - ensure same scale, same time in same clothes when weighing to get accurate reading</p>
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Medication Reference: Medline Plus

U.S. National Library of Medicine. (n.d.). *Health information from the National Library of Medicine*. MedlinePlus. <https://medlineplus.gov/>