Mackayla Cruz

**POST-CLINICAL REFLECTION** OB Simulation Reflection - due on Thursday by 1600

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

| Reflection Question | Nurse Reflection |
|---|---|
| What feelings did you experience in clinical? Why? | In my SIM rotation I was very anxious. The reason why is because I do not feel very experienced in OB. When I first walked in the room I felt calm and collected. Although that changed after a few minutes. I eventually felt scattered and out of control, but thankfully to Cassandra she helped a lot with my tasks. |
| What did you already know and do well as you provided patient care? | My patient had Group Strep B. So my priority was to administer an antibiotic. Alice Jones was allergic to Penicillin, so the antibiotic I administered was clindamycin. I did all 7 rights and hung the IVPB correctly. |
| What areas do you need to develop/improve? | One thing I could improve is trusting my gut. When the physician called and told me to titrate the oxytocin up to 12 mu, I questioned him. Although I still ended up turning it up. He also told me not to stop the oxytocin when I saw the fifth late decelerations. Overall I realized that I need to stand my ground and state my opinion to anyone, especially if it will put my patient in danger. |
| What did you learn today? | I learned many things today. Again one thing is to trust my gut. Another thing I learned, do not call the physician unless you have all information needed to report to him. Lastly I learned it is good to work as a team. If you need help, then it is okay to ask or seek help. |
| How will you apply what was learned to improve patient care? | One thing I will apply is trying to start speaking up for myself. Also I would like to be a little more organized in my care. That way I do not feel so scattered. Overall I really enjoyed this SIM lab and will remember everything I learned. |