

## Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: latex, acetaminophen, ibuprofen, aspirin

Primary IV fluid and rate: sodium chloride @ 75ml/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): isotonic (stay hydrated)

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
albumin	25g IVPB daily	25% @ 100ml/hr	Replace low albumin because of chronic kidney disease stage 3	<ol style="list-style-type: none"> <li>1. Keep eme-bag within reach because it can cause nausea and vomiting</li> <li>2. Use call light before getting up because it can cause dizziness</li> <li>3. Use call light if feeling flushed or having signs of fever as these are common side effects and we can either turn down the temperature or give you some warm blankets</li> </ol>
Desvenlafaxine	ER tablet 25mg PO daily		depression	<ol style="list-style-type: none"> <li>1. Do not abruptly stop taking as it can cause a rebound of the depression</li> <li>2. Stay hydrated while taking this med as it can cause constipation</li> </ol>

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				<ol style="list-style-type: none"> <li>3. Use call light before getting up as this med can cause dizziness, blurred vision, and vertigo</li> </ol>
gabapentin	200mg capsule PO TID		Seizure prevention	<ol style="list-style-type: none"> <li>1. Do not abruptly stop taking this med as it can cause a rebound of seizures</li> <li>2. Stay hydrated while taking this med as it can cause dehydration</li> <li>3. Turn cough and deep breathe/ have HOB elevated as this med can cause respiratory depression</li> </ol>
Lactulose liquid	30ml PO TID		Stool softener	<ol style="list-style-type: none"> <li>1. May take up to 48 hours to see results</li> <li>2. Help this med work better by increasing mobility, staying hydrated, and incorporating fiber into your diet</li> </ol>

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Levothyroxine	88 mcg tablet PO before breakfast		Treat hypothyroidism	<ol style="list-style-type: none"> <li>1. Take at least 30 min before breakfast or longer or 2-4 hours after as that increases absorption of med</li> <li>2. Take with a full glass of water to prevent dysphagia</li> <li>3. Let us know if you feel hot so we can make accommodations for the common heat intolerance the med can cause</li> </ol>
Oxycodone	10mg tablet PO BID		Pain relief for back pain	<ol style="list-style-type: none"> <li>1. Take only as directed by your doctor to avoid dependency</li> </ol>

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				<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> </ol>
				<ol style="list-style-type: none"> <li>1.</li> <li>2.</li> <li>3.</li> </ol>
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				1.
				2.
				3.

Medication reference: