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IM8: Final Reflection

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Final Post Conference: Reflection

It took alertness and a lot of sleep to work on Mercy 8. I discovered that one can never be overly ready for their shift because of how unpredictable the patients were. It was only getting started, even though I had thought the first five shifts were challenging. My preceptor and I have been called to various floors to insert catheters during the last five shifts. It is known as the DUC team. It was difficult, but it was also really thrilling. It was a good learning opportunity because, should we succeed, we would be able to help the patient; however, should we fail, we would still receive that chance to improve our skills in catheter insertions. Another unforgettable experience I had was when we had a patient who had severe tremors, and we had to call for a Rapid because the patient wasn't responding. "Why did you call a rapid when the patient is in DNR?" was the first thing they said when they arrived. It made me a little uncomfortable because, even in cases where a patient requests a DNR, obligations do not end there. I have previously encountered medical professionals who lack empathy for the patients and their families present. This is not the first instance. I am aware that life-saving measures could not be done, but I also know that rapid can still be called to the patient's bedside if the nurse needs assistance when things worsen. I find myself wondering, "How well do we know our system?" in the back of my mind. After that, I could not help but reflect on the event. I realized that there are times I do not agree with some nurses or other healthcare professionals. Ultimately, it is up to me to find my true north and advocate for my patients. My motivation for choosing this career is to help people no matter who

they are. After completing my 120-hour preceptorship, I feel more confident because I know that, in my capacity as a future nurse, I could offer compassion and dignity.