

Student Name: Jordan Magee

Date: 4/23/24

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Assessment completed at 0900. Pt admitting diagnosis was right sided abdominal pain and a small bowel obstruction. General appearance was calm and comfortable.

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

LOC alert and oriented x 4. Sensations intact x 6. Moves all extremities on command, HGTW equal and strong bilaterally. Movements purposeful and coordinated. Speaks English clearly and without difficulty. Pupils 3mm equal, round, reactive to light.

Comfort level: Pain rates at 7 **(0-10 scale) Location:** Head (aching)

Psychological/Social (affect, interaction with family, friends, staff)

Friendly, calm affect. Interacts appropriately with family, friends, staff. Responds well to questions.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

Eyes symmetrical, sclera clear and white with no drainage. Ears symmetrical, auditory canals with no drainage. Nasal septum midline with no drainage. Mucosa pink, oral mucous membranes pink, moist, and intact with no sore throat. Dentition healthy and intact. No palpable lymph nodes. Swallows without difficulty.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline. Breath sounds clear to auscultation with a rate of 16. Regular rhythm, depth, and pattern with no abnormalities heard.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S1 and S2 audible with regular rate and rhythm. Apical and radial rate of 74. Radial pulses 2+ bilaterally. Pedal pulses 2+ bilaterally. No abnormal pattern or abnormalities heard.

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Pt usually has a bowel movement once a day but did not have one yesterday. Last BM was 4/21. Stool color was brown and consistency was soft. Abdomen flat, soft, tender to palpation in right lower quadrant. Bowel sounds active x 4 quadrants. Appetite fair.

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Pt voids independently and urinates 4-5 x day. No urgency or incontinence. Urine was yellow and clear with no abnormal odor. No bleeding, discharge, or pain.

Urine output (last 24 hrs) Occurrence x 4 **LMP** (if applicable) Hysterectomy

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Alignment centered and posture straight. Pt is independent and mobile with steady gait. Moves all extremities with purpose and no difficulty or pain. No deformities noted.

Skin (skin color, temp, texture, turgor, integrity)

Skin color normal for race, warm, dry, and intact. Skin turgor elastic. No abrasions or abnormalities noted.

Wounds/Dressings

Left 18g peripheral line established on 4/22. No redness or drainage noted, dressing was clean, dry, and intact.

Other

N/A.