

Adult/Geriatric Medication Worksheet - Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: Latex

Primary IV fluid and rate: LR @ 100 mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic): Hydration (isotonic)

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Estradiol	0.5 mg PO Daily	N/A	Hormone replacement/hysterectomy	<ol style="list-style-type: none"> 1. Notify provider of breast lumps, vaginal bleeding, edema, jaundice, or dark urine - product can increase risk of breast cancer, endometrial cancer, or vaginal wall ulceration 2. Avoid grapefruit or grapefruit juice when taking product - it can interact with this product and lead to unwanted side effects 3. Try to take medication at the same time every day to reduce possibility of side effects and to allow it to work better
Pantoprazole	40 mg PO BID (0800 and 1600)	N/A	Prevent stomach ulcers	<ol style="list-style-type: none"> 1. Notify provider of severe diarrhea, black, tarry stools, abdominal pain - could indicate <i>Clostridium difficile</i> associated disease and product may have to be discontinued 2. Avoid alcohol, salicylates, and NSAIDS - these may cause further GI irritation 3. Do not crush, chew, or break the tablet - this can affect the effectiveness of the drug

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Rosuvastatin	20 mg PO Daily	N/A	Hyperlipidemia	<ol style="list-style-type: none"> 1. Notify provider of weakness, muscle tenderness, pain, fever – could indicate rhabdomyolysis and product may need to be discontinued 2. Previously prescribed regimen will need to continue: low-fat diet – this drug alone cannot combat high cholesterol without adequate dietary choices 3. Continue taking med even if feeling normal – often people with hyperlipidemia do not feel ill but skipping doses could allow cholesterol levels to increase
Acetaminophen	1,000 mg PO q 6 hrs PRN	N/A	Mild to moderate pain	<ol style="list-style-type: none"> 1. BBW: High doses can cause hepatotoxicity – Max dose is 4,000mg/day; Be aware of other meds than may contain acetaminophen 2. Do not drink alcohol, use herbals, or take OTC products with this drug without approval of prescriber – combinations could interact with the drug, cause stomach irritation, cause liver damage, or cause other unwanted side effects 3. Notify provider if rash or urticaria occur – could indicate hypersensitivity or allergic reactions and product should be stopped

Medication reference: Elsevier Inc. (2023). *Mosby's Drug Reference* (36th Edition) [Mobile App]. App Store.