

Covenant School of Nursing Reflective Practice

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Instructional Module: 6

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<p><b>Step 1 Description</b></p> <p>I went at Ocean on 04/16/24 and 04/17/2024 we had nurses, MTH, activity coordinator and therapist involved. We came by at 6:30 but we had to get in at 7:00 because we called and they said that they can see us but we had to make multiple calls to different people to get in. They have 2 sides more younger and more active and geriatric more quiet.</p>	<p><b>Step 4 Analysis</b></p> <p>I did assist at the treatment team and it help me put piece together related to what we had during lecture and it was very interesting and that moment most patient open themselves. I also attend group therapy and I was involved we talked about positive thoughts and gratitude.</p>
<p><b>Step 2 Feelings</b></p> <p>At the beginning I was very of getting harm, but they are not violent as I thought. We had 2 patients that I get scared to choose them because one try to strangle his roommate and other one was sexually inappropriate</p>	<p><b>Step 5 Conclusion</b></p> <p>I learned that most of those patient just want to be surround by people that they can talk to and understand them specially those with no family member and are been less homeless for years.</p>
<p><b>Step 3 Evaluation</b></p> <p>I had a good time with some patients talking to them, color and even help to put some lotion on body. They have schedules they follow breakfast, smoking break, snacks, lunch. They also have activity coordinator involved and I had to team up with the patient to play games. I was expecting to see just aggressive behavior, it was just safe and quiet milieu.</p>	<p><b>Step 6 Action Plan</b></p> <p>From my very first experience in psych hospital, I believe from now and so on that mental illness is real and those suffering deserve all the love and support they need it is important not to judge them just by looking at their face because we do not their story. Language barrier was a very big impact for one patient.</p>

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