

My feelings towards my participation in simulation this week went very well. I feel I did a good job at playing the role as a nurse and handling my scenario very well. I got to experience being a patient as well and tried to relate to how people with schizophrenia patients interact.

Psychiatric simulation went a lot better than I expected it to go. I wasn't exactly sure how it was going to be since it was a different simulation center but overall, all the situations went very well, I enjoyed getting to be a nurse and a patient. Each scenario gave me a good learning experience about how mental illness can affect our patients and how we as the nurses should approach our patients who are suffering from mental illnesses.

On both days of simulation everything went really good switching to a new block I wasn't sure how it was going to go but Dr. Harrison really had everything well put together and made sure things were ran smoothly which was nice, she explained the process, she explained the rundown for each mental illnesses, I enjoyed hearing about her experiences and how to handle real life situations as a nurse.

For both these simulation days I don't think anything went wrong, it was a good learning experience that I really enjoyed!

When I had the role of a schizophrenic patient the experience made me have an open mind to people who suffer from schizophrenia and gave a little insight of what they can go through.

Simulation this week helped me be more open minded about mental illness, it helped me realize that there are different approaches to take when it comes to patients' mental health vs a patient who doesn't suffer from mental health.

I will use the knowledge I gained from this experience in my practice as a registered nurse by becoming more familiarized with mental health and being able to recognize what a patient is going through, remembering ways I can help them feel better. Remembering to be open minded when I see patients suffering from things, they may not be aware of. I can always remember to have a therapeutic approach first with my patient.