

Ashly Alvarado

4-17-24

IM8

## IM8 Final Reflection 2

On April 15<sup>th</sup> on the 4<sup>th</sup> floor of the Covenant Children's hospital I completed my last full shift of my preceptorship. During my month with Krysten I learned a significant amount about mothers and newborns. I learned cues with the baby and know when to intervene. I learned what to look out for in mothers as far as bleeding, low or high blood pressure, and abnormal lower extremities pulses. I also learned how to count infants heart beat correctly and new ways to soothe the infants. Over all, my experience was better than I expected. I now have the confidence to care for the mother and baby alone. I feel as the knowledge I have and skill I'll be able to adequately and efficiently care for them.

Although I'm sad to be done with my preceptorship, I'm grateful for the experience. I'm grateful to have been surrounded by positive and loving staff that encouraged me to consider a position on the floor. I will always and cherish this experience and hope to become a mom and baby nurse in the future. Thank you for allowing me to have this experience.