

Adult/Geriatric Medication Worksheet - Current Medications & PRN for Last 24 Hours

| | | | | |
|--|---|-------------------|-------------------------------------|---------------------------------|
| Primary IV Fluid and Infusion Rate (ml/hr) | Circle IVF Type | Rationale for IVF | Lab Values to Assess Related to IVF | Contraindications/Complications |
| | Isotonic <input type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/> | | | |

| Student Name: Andrew Romero | | Unit: PMH SIM | Patient Initials: | | Date: 4/16-17/24 | Allergies: NKDA | |
|---------------------------------------|------------------------------|----------------------------------|--------------------------|--|---|--|--|
| Generic Name | Pharmacologic Classification | Therapeutic Reason | Dose, Route & Schedule | Correct Dose? If not, what is correct dose? | IVP - List diluent solution, volume, and rate of administration IVPB - List concentration and rate of administration | Adverse Effects | Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.) |
| Hydroxyzine pamoate | Antihistamine | Anxiety | 25mg PO PRN q6 | No 50 to 100 mg for 4 times a day Adults | | Drowsiness, HA, Dry Mouth, but if long term use can cause tardive dyskinesia | 1. Takes 20 - 30 minutes to take effect 2. Don't take with other CNS depressants 3. Non-addicting 4. |
| lorazepam | Benzodiazepine | Alcohol withdrawal / anxiety | 1-2 mg PO PRN q4 hours | No Choose an item. 2 to 6 mg in divided doses but saw 1-2mg | | Sedation, Dizziness, Fatigue, Impaired Driving, CNS depression | 1. avoid alcohol -- it will potentiate benzo 2. never D/C abrupt - can be fatal & cause seizures 3. medication treats the symptoms 4. caution during driving, due to slower reflexes and response times |
| haldol | antipsychotic | for psychotic symptoms/agitation | 10 mg IM PRN q8 | Yes Choose an item. | | Seizures, Sedation, Tachycardia, Ortho Hypo, EPS/Tardive | 1. Limit Sun Exposure/Use Sunscreen, Wear Sunglasses 2. Prevention of constipation 3. Encourage of sugar-free liquids/candies due to anticholinergic symptoms |

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| | | | | | | Dyskinesia | 4. May take 2-4 weeks for full effects |
| diphenhydramine | antihistamine | management of cholinergic effects of antipsychotic | 50 mg IM q8 PRN psychotic symptoms | Yes | | Pounding heartbeats/flushing in chest, difficult urination, oliguria, tightness in neck or jaw or uncontrollable movements of tongue | 1. Antihistamines may slow breast milk production 2. Do not take if on certain medications, so talk to provider before taking any OTC meds 3. 4. |
| acetaminophen | Analgesic/antipyretic | Mild-moderate pain | 500 mg PO q6 for pain of 1-4 on pain scale | No 650 to 1000 mg every 4 to 6 hrs | | Stomach pain, loss of appetite, dark urine, jaundice | 1. Don't take if allergic to acetaminophen 2. Taking acetaminophen may cause false results with certain BS monitors 3. Avoid drinking alcohol, it may increase your risk of liver damage 4. |
| olanzapine | antipsychotic | Agitation/psychotic behavior | 5 mg PO q6 for agitation | Yes | | Type II DM, dyslipidemia, anxiety, HA, sedation, less anticholinergic effects | 1. Importance of adhering to medication regimen 2. Monitor weight gain -- try to find exercise and nutritional regime 3. Observe for signs of infection 4. Encourage use of sugar-free |

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| | | | | | | | liquids/candies for dry mouth |
| ibuprofen | NSAID | Mild-moderate pain | 400 mg PO q6 for pain of 1-4 on pain scale | Yes Choose an item. | | Changes in vision, SOB, swelling or rapid weight gain, skin rash, signs of stomach bleeding - black or tarry stools, coughing up blood or vomit that looks like coffee grounds | <ol style="list-style-type: none"> 1. Inform doctor if you have HTN, high cholesterol, diabetes, or if you smoke - could be unsafe for you 2. Taking an NSAID in the last 20 weeks of pregnancy can seriously affect heart or kidney problems to unborn baby and possible complications in pregnancy 3. If you take aspirin to prevent stroke or heart attack, ibuprofen can make aspirin less effective 4. Avoid alcohol, it can increase chance of stomach bleeding |
| risperdal | antipsychotic | Psychotic behavior/bipolar mania | 1 mg tablet PO BID | No 2 to 3 mg for adults, 0.5 to 2 mg for old adults -- so yes? | | Type II DM, dyslipidemia, anxiety, HA, sedation, less anticholinergic effects | <ol style="list-style-type: none"> 1. Importance of adhering to medication regimen 2. observe for signs of DM 3. Encourage use of sugar-free liquids and candies for anticholinergics 4. Report any changes to physician |
| Nicotine patch | Stimulant | Nicotine replacement | 21 mg transderm | Yes Choose an | | Fast or pounding | 1. advise doctor if heart disease, recent heart attack, or irregular heartbeat, bc it |

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| | | | al patch daily | item. | | heartbeats, fluttering in your chest, wheezing, tightness in chest, trouble breathing | can increase HR 2. high BP not controlled with medication - nicotine can increase BP 3. an allergy to adhesive tape or skin problems, more likely to get rashes 4. |
| ziprasidone | antipsychotic | Psychotic behavior/bipolar disorder/mania | 40 mg PO BID | Yes | | Type II DM, dyslipidemia, anxiety, HA, sedation, less anticholinergic effects | 1. First choice of therapy bc it attacks positive and negative symptoms 2. Less likelihood of EPS and fewer anticholinergic effects 3. Monitor weight gain, so exercise and nutritional teaching 4. observe for signs of DM |
| prazosin | Alpha-blocker | Nightmares | 1 mg PO QHS | Yes Choose an item. 1 mg PO 2 or 3 times daily | | Light-headed feeling, pounding heartbeats or fluttering in chest, new or worsening chest pain, upper stomach pain, | 1. Tell doctor if you recently had cataract surgery, medication can affect pupils 2. Not approved for anyone under 18 years of age 3. Avoid driving or hazardous activity until you are used to prazosin 4. Avoid getting up too fast from a sitting or lying position, or you may feel dizzy |

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| | | | | | | clay-colored stools, jaundice | |
| Nicotine inhaler | Stimulant | Nicotine replacement | 10 mg cartridge for inhalation Q2 | Yes Adults - use 6 cartridges per day, doctor may adjust the dose based on number of cigarettes client smokes per day | | Heart palpitations, increase in BP, wheezing or trouble breathing that is worse after use, allergic reactions | 1. We need to know if you have diabetes, HTN, lung disease, seizures, ulcers/stomach problems, etc 2. Interactions: medications for BP and depressions, and medications for lung or breathing diseases 3. Click here to enter text. 4. Click here to enter text. |
| | | | | Choose an item. | | | 1. 2. 3. 4. |
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