

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 1600

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was initially nervous to do SIM, because of the high fidelity of the scenarios. However, after debriefing and going over everything before hand it eased my anxiety
What did you already know and do well as you provided patient care?	The preparation paperwork and background on the patient, allowed me to plan the care needed for the patient. I knew what my priority assessments were going to be before arriving to the actual scenario. I think having this allowed me to provide safe care for the patient.
What areas do you need to develop/improve?	I think what I need to work on would be having more confidence in my patient education. I feel that if you sound confident it will ease the patients anxiety and provide a safe therapeutic relationship. And overall better patient care and satisfaction.
What did you learn today?	What i really took away from today would be that we are all still learning. We are all here to improve our role as nursing students. I also learned how to really incorporate the healthcare team.
How will you apply what was learned to improve patient care?	Moving forward I will take away everything that I learned in SIM and apply it to my nursing care and judgement throughout my career. I think SIM is a great and safe place to build up skills and confidence to ensure patient safety and improve patient care.