

Preceptorship Reflection

I have completed my five clinical rotations. I have grown so much in having more confidence and knowledge gained in performing assessments, patient's safety, medication pass, prioritizing care, giving SBAR, documentation and clinical procedures. Several of my highlights during clinicals were about how to change/empty an ileostomy, how to drain JP drains, how to irrigate a foley catheter to unplug, how to clean and pack several types of wounds that are on a VAC or not, how to titrate a sedation medication, how to change the dressing and cannula on a trach, how to stage different types of wounds, how to use Cathflo Actvase to unclog a Trialysis catheter, and how to suction a patient with a tract including mouth care with suctioning. I have gained knowledge and practice on those skills mentioned.

The skills I was able to perform during those clinical rotations has helped me be more proficient in my skill and confidence in performing. I was able to learn how to change a kangaroo's tubing for PEG tube feeding, check residuals, pass medications, and understand how to evaluate when the amount set needs to be reduced or increase depending on the amount pulled from the residuals and abdominal assessment. I learned how to draw blood from central lines, PICC lines, Trialysis lines and the importance on changing the clave to a new one after blood draws, remembering to pause IV pumps, and inserting the blood into the correct order on the lab tubes. I learned about caring for patients with tracheostomy and ventilations settings, how to evaluate patients and assess when they have a tracheostomy on, how to provide oral care with suctioning, and how to perform tracheostomy collar change and dressing change, the importance of checking that the bedside has all emergency equipment ready and obturator in room. I learned how to change a colostomy bag and the importance of assessment on the stoma and cleaning to reduce skin breakdown or infection. I learned how to give report to the charge nurse towards the

end of the shift on the highlights and important red flags to mention on what is going with the patient and any suggested care plans. I learned how to document on Epic with on going care, physical assessments, hourly charting, ICU charting, how to read and find doctor's orders, how to find lab results or imaging of procedures and how to transfer vitals from the ICU monitors, IV pumps ongoing infusions information into Epic charting.

Overall, I have grown into the skills mentioned above and I have notice less errors being made in charting in Epic, giving a well organized SBAR, drawing labs, clustering care for critical patients, time management, prioritizing duties and patients, and maintaining safety and providing quality care.