

Student Name: Jarrett Evans.

Date: 4/3/24

**Instructional Module 6
Obstetrics Community Clinical Experience**

Community Site: Dr. Zavalas Office

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

I went on Dr. Zavala's strictly OB day, so I only saw OB patients. For every patient, I would help get vitals, fundal heights, and fetal heart tones. For the patients with elevated BPs, we would get a urine sample and do a dipstick test. Some of those patient we sent to antepartum to do a 2 hour BP test. I saw Dr. Zavala do a few transabdominal ultrasounds. She also showed how to do a GBS swab.

2. What was the best/most interesting part of the experience?

I liked the environment of the clinic. The staff wasn't too large. I really enjoyed the fast pace nature of the clinic day. I was always moving. I was able to help with most of the patients. A few patient weren't okay with me being in their room. I expected there to be more, so I am grateful I got to do as much as I could there.

3. Is a community nursing position something that you would consider working in? Why or why not?

I would considered it when I am further in my career. I want to do bedside nursing first.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

Dr. Zavala is both OB and GYN. I didn't get to see the GYN population, but I would say the save the community well. The office she shared had two other physicians, so I know the building serves many patients.

Student Name: Jarrett Evans.

Date: 4/3/24

**Instructional Module 6
Obstetrics Community Clinical Experience**

5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not?

I listened in on a few of Dr. Zavala's conversations with some of the patients. She had great bedside manner. I could tell she put her patient at ease. I also overheard some of the phone conversations with the staff and patients. Most of the teaching was about the physiologically changes during pregnancy; heart burn, constipation, increasing fluids. They encouraged some the patients to get an at home BP monitor so they can monitor their pressure better. I didn't see all of teaching that Dr. Zavala did. I think Dr. Zavala does most of the teaching, but I think it could be better.