

Community Service Reflection

The community service I volunteered was senior box day at the south plains food bank. We had about 25 volunteers help. The goal is to get as many boxes as possible done because there are only three employees that contribute to this department. The goal is to get 3500 boxes for each month. The way boxes get done is an assembly line where individuals are on each side of the line packing different items into a single box. Each box consists of basic dry food essentials such as cereal, canned goods, juices and much more items.

This location has been serving the Lubbock area along with 19 surrounding counties for 40 years. South Plains Food Bank takes pride in their mission statement in giving hope, fighting hunger, and enriching lives. This program is a nonprofit organization who helps families in need along with senior help. They receive their funding from different organizations from our local stores. This organization also has ways to help by donating different amounts to help with food.

Today I learned how precious time is. The donations are critical in getting the product but the time and efforts of our community has a huge impact on these senior boxes. Our time and dedication made just as much of an impact for these boxes. We were able to make 2700 boxes with only 25 volunteers. As I helped pack boxes I got to know other people's life stories. Some needed words of inspiration, some needed to hear they are doing a good job. This time made me reflect on my own life of how blessed I am and how much God does for me. As I walked out I had a different outlook on life. I plan to do volunteer work once a year to give back as God has always provided for me and I plan to give my time back for all he has done for me.

