OB Simulation Patient Preparation Worksheet
This section is to be completed prior to Sim Day 1:

Student Name: DAWSON DELANEY   Admit Date: _____
Patient initials: SR   G 1 P 0 AB 0 LOM 0 EDD: 12/08/XX Gest. Age: 36w
Blood Type/Rh: O+   Rubella Status: IMMUNE   GBS status: —
Obstetrical reason for admission: PT BELIEVES WATER HAS BROKE
Complication with this or previous pregnancies: _____
Chronic health conditions: —
Allergies: NKDA
Priority Body System(s) to Assess: UTERINE / GU

Pathophysiology
Interpreting clinical data collected, what is the primary/current medical/obstetrical problem?

State the pathophysiology of this problem in your *own* words.

Complete the medical/obstetrical problem & fetal implications section for any pregnant patient.
Complete the medical/obstetrical problem for any postpartum patient.
Complete the newborn implications for any newborn infant.

Medical/Obstetrical Problem	Pathophysiology of Medical/Obstetrical Problem
BREECH	BABY PRESENTING UPSIDE DOWN

Fetal/Newborn Implications	Pathophysiology of Fetal/Newborn Implications
DISTRESS	CORD COMPLICATIONS

Problem Recognition
To prevent a complication based on the primary medical problem, answer each question in the table below.

Question	Most Likely Maternal	Worst Possible Maternal	Most Likely Fetal	Worst Possible Fetal
Identify the most likely and worst possible complications.	HEMORRHAGE	UTERINE RUPTURE	HEAD TRAUMA FRACTURES	HYPOXIA
What interventions can prevent them from developing?	FUNDAL MASSAGE	APPROPRIATE PLANNING	MATERNAL POSITIONING	FHR O² CORD CONTROL
What clinical data/assessments are needed to identify complications early?	BLOOD LOSS	↓ TONE BLEEDING FHR	VISUAL INSPECTION PALPATION	FHR
What nursing interventions will the nurse implement if the anticipated complication develops?	FUNDAL MASSAGE	O² ↓ FLUIDS NOTIFY!	PRIORITIZE RESPIRATIONS	REPOSITION IV FLUIDS O²

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Surgery or Invasive Procedures - *If this does not apply to your patie...*

Describe the procedure in your *own* words.

Procedure
C-SECTION

Surgery/Procedures Problem Recognition - *Leave blank if this does not apply*

To prevent a complication based on the procedure, answer each question in the table below.

Question	Most Likely Maternal	Worst Possible Maternal	Most Likely Fetal	Worst Possible Fetal
Identify the most likely and worst possible complications.	HEMORRHAGE	UTERINE RUPTURE	TRAUMA	HYPOXIA
What interventions can prevent them from developing?	FUNDAL MASSAGE	PLANNING	POSITIONING	CORD MANAGMENT
What clinical data/assessments are needed to identify complications early?	BLOOD LOSS | BP HR	↓ TONE BLEEDING FHR	INSPECTION + PALPATION	FHR
What nursing interventions will the nurse implement if the anticipated complication develops?	FUNDAL MASSAGE	O² FLUIDS	↑ CARE w/ BABY	REPOSITION ↑ FLUIDS

Pharmacology

Any new drugs ordered during scenario must be added to the sheet before student leaves the simulation center for the day.

Medications	Pharm. Class	Mechanism of Action in OWN WORDS	Common Side Effects	Assessments/nursing responsibilities
PRENATAL MULTI	VIT	—	—	—
TYLENOL	ANALGESIC ANTIPYRETIC	INHIBITS PROSTAGLANDINS	N/V	— LIVER LABS — S/S OF REACTION
SUDAFED	DECONGESTANT	VASOCONSTRICTION IN NASAL PATHWAYS	↑ HR INSOMNIA ↑ BP	— Ø HTN — SIGNS OF NERVOUS STIMULATION

Management of Care

...terpreting clinical data collected, identify the nursing priority goal for your shift and three
...ty interventions specific for your patient. For each intervention write the rationale and expected
...come.

Nursing Priority	COMFORT
Goal/Outcome	HEALTHY + HAPPY MOM + BABY

Priority Intervention(s)	Rationale	Expected Outcome
1. CONTRACTION TRACKING	1. MONITOR PLACENTAL BLOOD FLOW	1. >60SEC BETWEEN
2. PT TEACHING	2. PT IS ANXIOUS	2. ANXIETY RELIEVED
3. LEOPOLDS	3. IS BABY STILL BREECH	3. PRESENTATION?

Abnormal Relevant Lab Test	Current	Clinical Significance
Complete Blood Count (CBC) Labs		
WBC	15.5	NORMAL FINDING
Metabolic Panel Labs		
Are there any Labs results that are concerning to the Nurse?		

Current Priority Focused Nursing Assessment

CV	Resp	Neuro	GI	GU	Skin	VS	Other
FHM				VAG EXAM LEOPOLDS FUNDAL ↑		HR BP	

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