

# Community Service Reflection

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My community service choice was South Plains Food Bank. The service activities I did were building food boxes. So what we did as a group was spread cardboard boxes on a table and go around and put food in them. We made 324 boxes! This was so amazing and the staff told me that he loves the nursing students and that we should come back all the time. This community service has been around since 1963 in service to our community. The South Plains food bank contributes to the Lubbock, Texas region to help those who need food and resources. The food bank helps those at the root of the problem of food poverty as well as helping them apply for benefits and help them to learn how to cook food. They collect food donations and spread them out over the community.

The South Plains food bank is a non-profit organization. They rely on donations to their cause as well as food donations as well from all over. Volunteers come to help out as well at no cost and this can give someone community service hours.

This experience has been good for me I believe. I loved doing the volunteer work, knowing I was a part of change in the community. I learned not to take for granted that I get to eat and not worry about any food hunger. This made me so happy to help the community. I plan on doing more volunteer hours in the future. I am glad this was a part of the curriculum as I know a lot of people enjoyed volunteering. I loved the teamwork to help those in need. I would gladly do this again.