

Covenant School of Nursing
Instructional Module 3 Learning Guide
Topic: Anemia
Week: 3g

Learning Goals/Outcomes

- Identify the typical hemoglobin level that define anemia in an adult.
- Identify the difference in chronic anemia and acute anemia.
- Identify the different types of anemia.
- Understand the different interventions for iron deficiency.

Pre-Class Preparation

Required:

Learning Activities

Classroom Activities:

Unfolding Anemic Case study

Laboratory/Clinical Activities:

- Participate in the care of patient with anemia.
- HESI: Case studies as assigned in HESI.

Self-Assessment

Students, check your understanding:

- Your neighbor has anemia. What information will you teach him/her to improve their anemia.
- Your cousin has been recently diagnosed with B12 Deficiency anemia.
- What can you teach your relative about management of B12 deficiency anemia?
- What roles do certain foods play in the management of anemia?

Evaluation Methods

- Unit Exam

Texas DECs

Knowledge: I.A.1a-c, A.2-4; B.1.b,e; B.2.a,b; B.3;B.4; B.6.a; B.7.c; B.8; D2,3 II.A.1- 4; B.1- 7, 9, 11; B.10 - 12;C.1 - 8; D.1-5; E.1 - 6; E.9-13; F.1-2; G.1-3; H.1-4.a; H.6; III.A.1-6; B.1.b-3; C.1- 2; D1.a-c; E.1-2; IV.A.1-2; A.4.b; A.5.a,b; B.1-3; C.1; C.3- 8; D.1-4; E.1-2; F.1- 4; G.1-4

Clinical Judgments and Behaviors: I.A.a-c; B.1; B.2.a,b; B.3; 4.c; B.5.a; B.6.a; C.2; C.3.a; C.5; D.1-5; II.A1-4; B.1- 9; C.1-7; D.1-4; E.1-13; F.1-6; G.1-7; H.1-6; III.A.1-5.a; B.1- 9; C.1-22.a; D.1-3; IV. A.1-3; B.1-3, 5a,b; C.1-2.a,b; 3-4; D.1-2; E.1a,b,c; 2-3a,c; 4; F.1-2; G.1-4

QSEN Competencies

Patient-Centered Care
 Teamwork & Collaboration
 Evidence Based Practice
 Safety

IM3 Student Learning Outcomes

1 - 8

NCLEX Test Plan

Safe/Effective Care Environment: Management of care-

	<p>Interdisciplinary team, <i>Safety & Infection Control</i>-Injury prevention, Home Safety, Standard precautions, Safe use of equipment. Health Promotion/Maintenance: Health promotion/Disease prevention, Health screening, Self-care, Techniques in physical assessment. Psychosocial Integrity: Coping mechanism, Cultural awareness/influences on health, Sensory/perception alteration, Support systems, Therapeutic communication. Physiological Integrity: <i>Basic Care & comfort</i> – Nutrition & hydration, <i>Pharmacological Therapies</i>-Adverse & Side effects, contraindications, Interactions, Dose calculation, Expected Actions & outcomes, Medication administration, IV therapies. <i>Reduction of Risk</i>-Diagnostic & lab tests, Potential for alteration in body systems, Potential for complications of diagnostic tests, treatment, procedures; Potential for complications from surgical procedures & health alterations. <i>Physiological Adaptation</i>-Alteration in body systems, Fluid & electrolyte imbalances, Illness management, medical emergencies, pathophysiology, unexpected response to therapies</p>
Concepts	Faculty
<p><i>Metabolism, Acid-Base, Clinical judgement, Comfort, Communication, Coping, Diversity, Fluid & electrolyte balance, Functional Ability, Health promotion, Nutrition, Patient Centered care, Patient education, Perfusion, Safety, Sensory perception, Sexuality, Teamwork & collaboration, Tissue integrity</i></p>	<p>A, Kensing, MSN, RN K. Duriex, MSN, RN</p>
<p>Date originated: 10-26-15</p>	<p>Revision Dates: 3-20-16; 7-26-16; 7-28-17, 10-23-17, 5-31-18, 7-10-18, 1-31-19, 7-10-19, 11-21-19,08/23,03/24</p>
<p><i>Mod 3 Learning Guide Topic Anemia : cont'd</i></p>	
<p><small>CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. <i>Conquering the Content</i>. San Francisco: Jossey-Bass, 2008.</small></p>	