

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: Tramadol

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Ceftaroline	400 mg, IVPB, TID	NaCl 50mL (I didn't deliver this med, it was delivered at 0600 and the Epic chart wasn't working for me so I had to go to summary instead of MAR, so couldn't see the rate)	The patient was given this antibiotic because she came in for a very severe infection that resulted in sepsis.	<ol style="list-style-type: none"> 1. This medication might burn when going in your IV, if it becomes unbearable or hurts really bad let the nurse know so she can check for phlebitis. 2. This medication can cause GI problems so it's nothing to be concerned about if you have diarrhea or constipation. Keep us informed about needing to use the bathroom so we can help you. 3. Like any other antibiotic, this will kill your good bacteria as well, so it's important to wash your hands and take your probiotic so we can help that GI health.
Chlorohexidine Oropharyngeal	0.12% Solution 15mL BID PO		The patient had a panorex x-ray which revealed periodontitis.	<ol style="list-style-type: none"> 1. This medication can cause some mouth irritation so to help prevent that let's drink some water after taking the medication.

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				<p>2. We're giving you this medication since you have periodontal disease. When you brush your teeth make sure to go in circles around your teeth and especially your gums since plaque like that area a lot. Brush for a minimum of two minutes.</p> <p>3. Since the patient has DM2: Make sure we are taking our medications on time and per the doctor's orders. Make sure to use a soft-bristled toothbrush and take it in the morning/night while we brush our teeth so we can get a good routine.</p>
Enoxaparin	30mg in 0.3 mL, SUBQ, daily		The patient is unable to move on their own so this medication will help to prevent DVT.	<p>1. This medication is commonly known as a blood thinner and you'll be taking it since in the hospital you're not moving as much and we want to avoid clotting or DVT.</p> <p>2. Be very careful and don't try to get out of bed by yourself because there's a risk of falling. Call don't fall.</p>

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				<p>3. You might experience some peripheral edema or some swelling in your hands and feet and that's expected so don't freak out if that happens. You might also become anemic on this medication which means your RBC count is down but nothing to worry about since it is expected.</p>
Levofloxacin	250 mg, Daily, PO		The patient has a bacterial infection and this antibiotic is used for that.	<p>1. This medication has a black box warning for tendon rupture or tendonitis, if you experience any tendon pain please let the nurse know so we can let the provider know as well.</p> <p>2. This medication can cause GI upset in addition to your antibiotic so don't freak out if you're constipated or have diarrhea, just let us know so we can help you.</p> <p>3. This medication can also have you become a little confused and disoriented so don't hesitate to call if you need anything. If you do</p>

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				become confused, it might help if you want to make a calendar or little notes for yourself.
Polyethylene Glycol	14 g with 8 oz of water PO daily		This medication is a laxative to aid the patient to have a bowel movement. The patient has been in the hospital unable to ambulate since 02/25.	<ol style="list-style-type: none"> 1. This medication is a laxative and is commonly known as Miralax. It's just used to help you go to the bathroom since you're unable to move and taking antibiotics which can cause constipation. 2. Make sure to finish all your medication on time and since this is a laxative it can make you have diarrhea. When you feel like you need to have a bowel movement, please call ASAP so we can clean you up and prevent feces from going into your pressure wound and prevent further skin breakdown. 3. When you get discharged, it is essential that you limit yourself on laxatives because your bowel can become addicted to them so just keep that in mind.

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Probiotic	1 Capsule, PO, daily		The patient is taking two antibiotics and is given two forms of laxatives, so this is to promote gut health.	<ol style="list-style-type: none">1. We're giving you a probiotic so we can promote that good GI flora since those antibiotics you're taking can interfere with it and possibly give you C. diff if we don't promote that good bacteria.2. Take the probiotic when the doctor prescribes it since your antibiotics are spaced out and we can sort of time them well enough where there are no GI intolerances.3. This medication can cause you some bloating and gas so just be aware of that and there's nothing to freak out about.
Senna	17.2 mg		The patient is given this since she's taking two antibiotics and not able to ambulate.	<ol style="list-style-type: none">1. This is another laxative we are giving you to help you go to the bathroom.2. Like I said with the other laxative, your bowel can become dependent on laxatives so it's important to be made aware of that.

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				3. Please call if you have a bowel movement so we can clean you to prevent further skin breakdown.
Midodrine	10 mg PO daily		This medication is used to help low blood pressure.	<p>1. This medication is used to help with low blood pressure, when you take it make sure your health care provider has taken your blood pressure since it has a black box warning for the ability to increase supine blood pressure. Advocate for yourself as well.</p> <p>2. It can cause you to have some tingling so that's nothing to fear just make sure to let your nurse know if you do feel any type of tingling.</p> <p>3. If you want to sit up, call for help since this medication is used to treat hypotension so we want to make sure you're safe and can sit up without being dizzy.</p>

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Insulin Glargine	15 units daily in the morning		Patient has DM2 and uses a long acting insulin to help control her diabetes.	<ol style="list-style-type: none">1. Make sure when you're giving this insulin to yourself at home you are alternating the spots we are injecting to prevent lipodystrophy.2. Make sure we are checking our blood sugars so we can prevent hypoglycemia, if we have low blood sugar and we're feeling different than we normally do, drink some juice and after 15 minutes check your sugar again.3. Taking insulin is vital for diabetic patients, if diabetes is left untreated it can result in amputations, severe infections, and even death. Make sure you're exercising and trying to eat better. If you need help with finding food or purchasing your medication let me know so we can find you resources.
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Megestrol	400 mg PO BID		The patient was recently extubated with her NG removal, she has been depressed from being in the hospital for a long time. I believe this medication is to increase her appetite.	<ol style="list-style-type: none">1. This medication can cause you to have low blood pressure, so when you need help moving or getting up, call don't fall.2. It can cause some GI upset like gas or diarrhea, just make sure to let your nurse know if you experience any of these symptoms so we can take care of you.3. This medication can cause you to become hyperglycemic so make sure to check your blood sugars regularly.
				<ol style="list-style-type: none">1.2.3.
				<ol style="list-style-type: none">1.2.3.

Medication reference: Epocrates