

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 1600**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	During my clinical experience I was really excited but once I was doing my scenario I got nervous and froze up. I got nervous because I knew I was being watched and didn't want to say or do the wrong thing.
What did you already know and do well as you provided patient care?	I knew my patient would be going into her procedure for a c section so I went ahead and prepared for the OR and reassured her concerns since she was nervous.
What areas do you need to develop/improve?	The areas I need to improve on is better communication skills with the patient, being more vocal and confident in myself.
What did you learn today?	I learned that anything can go wrong in a matter of seconds and to always be prepared.
How will you apply what was learned to improve patient care?	Always remembering to be vocal and make sure my patient is taken care of.