

Covenant School of Nursing
Instructional Module 3 Learning Guide
Topic: Anemia
Week: 3g

Learning Goals/Outcomes	
<ul style="list-style-type: none"> Identify the typical hemoglobin level that define anemia in an adult. Identify the difference in chronic anemia and acute anemia. Identify the different types of anemia. Understand the different interventions for iron deficiency. 	
Pre-Class Preparation	
<u>Required:</u>	
<ul style="list-style-type: none"> 	
Learning Activities	
<u>Classroom Activities:</u> Unfolding Anemic Case study <u>Laboratory/Clinical Activities:</u> <ul style="list-style-type: none"> Participate in the care of patient with anemia. HESI: Case studies as assigned in HESI. 	
Self-Assessment	
Students, check your understanding: <ul style="list-style-type: none"> Your neighbor has anemia. What information will you teach him/her to improve their anemia. Your cousin has been recently diagnosed with B12 Deficiency anemia. What can you teach your relative about management of B12 deficiency anemia? What roles do certain foods play in the management of anemia? 	
Evaluation Methods	
<ul style="list-style-type: none"> Unit Exam 	
Texas DECs	QSEN Competencies
Knowledge: I.A.1a-c, A.2-4; B.1.b,e; B.2.a,b; B.3;B.4; B.6.a; B.7.c; B.8; D2,3 II.A.1- 4; B.1- 7, 9, 11; B.10 - 12;C.1 - 8; D.1-5; E.1 - 6; E.9-13; F.1-2; G.1-3; H.1-4.a; H.6; III.A.1-6; B.1.b-3; C.1- 2; D1.a-c; E.1-2; IV.A.1-2; A.4.b; A.5.a,b; B.1-3; C.1; C.3- 8; D.1-4; E.1-2; F.1- 4; G.1-4 Clinical Judgments and Behaviors: I.A.a-c; B.1; B.2.a,b; B.3; 4.c; B.5.a; B.6.a; C.2; C.3.a; C.5; D.1-5; II.A1-4; B.1- 9; C.1-7; D.1-4; E.1-13; F.1-6; G.1-7; H.1-6; III.A.1-5.a; B.1- 9; C.1-22.a; D.1-3; IV. A.1-3; B.1-3, 5a,b; C.1-2.a,b; 3-4; D.1-2; E.1a,b,c; 2-3a,c; 4; F.1-2; G.1-4	Patient-Centered Care Teamwork & Collaboration Evidence Based Practice Safety
IM4 Student Learning Outcomes	NCLEX Test Plan

<p style="text-align: center;">1 - 8</p>	<p>Safe/Effective Care Environment: <i>Management of care-</i> Interdisciplinary team, <i>Safety & Infection Control-</i>Injury prevention, Home Safety, Standard precautions, Safe use of equipment. Health Promotion/Maintenance: Health promotion/Disease prevention, Health screening, Self- care, Techniques in physical assessment. Psychosocial Integrity: Coping mechanism, Cultural awareness/influences on health, Sensory/perception alteration, Support systems, Therapeutic communication. Physiological Integrity: <i>Basic Care & comfort</i> – Nutrition & hydration, <i>Pharmacological Therapies-</i> Adverse & Side effects, contraindications, Interactions, Dose calculation, Expected Actions & outcomes, Medication administration, IV therapies. <i>Reduction of Risk-</i>Diagnostic & lab tests, Potential for alteration in body systems, Potential for complications of diagnostic tests, treatment, procedures; Potential for complications from surgical procedures & health alterations. <i>Physiological Adaptation-</i>Alteration in body systems, Fluid & electrolyte imbalances, Illness management, medical emergencies, pathophysiology, unexpected response to therapies</p>
Concepts	Faculty
<p><i>Metabolism, Acid-Base, Clinical judgement, Comfort, Communication, Coping, Diversity, Fluid & electrolyte balance, Functional Ability, Health promotion, Nutrition, Patient Centered care, Patient education, Perfusion, Safety, Sensory perception, Sexuality, Teamwork & collaboration, Tissue integrity</i></p>	<p>A, Kensing, MSN, RN K. Duriex, MSN, RN</p>
<p>Date originated: 10-26-15</p>	<p>Revision Dates: 3-20-16; 7-26-16; 7-28-17, 10-23-17, 5-31-18, 7-10-18, 1-31-19, 7-10-19, 11-21-19</p>

Mod 4 Learning Guide Topic Anemia : cont'd

CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. Conquering the Content. San Francisco: Jossey-Bass, 2008.