

OB Simulation Patient Preparation Worksheet

This section is to be completed prior to Sim Day 1:

Student Name: Ashley Baigen Admit Date: _____
 Patient initials: SR G 1 P 0 AB 0 L 0 M1 EDD: 12 /9/xx Gest. Age: 36 weeks
 Blood Type/Rh: 0+ Rubella Status: immune GBS status: negative
 Obstetrical reason for admission: Pt states water broke
 Complication with this or previous pregnancies: Baby is breeched
 Chronic health conditions: N/A
 Allergies: NKDA
 Priority Body System(s) to Assess: SVE, FHR, Vital signs

Pathophysiology

Interpreting clinical data collected, what is the primary/current medical/obstetrical problem?

State the pathophysiology of this problem in your *own* words.

Complete the medical/obstetrical problem & fetal implications section for any pregnant patient.

Complete the medical/obstetrical problem for any postpartum patient.

Complete the newborn implications for any newborn infant.

Medical/Obstetrical Problem	Pathophysiology of Medical/Obstetrical Problem
Increased risk for infection	
Fetal/Newborn Implications	Pathophysiology of Fetal/Newborn Implications
Infection, fetal distress, chorioamnionitis, prolapse of umbilical cord	

Problem Recognition

To prevent a complication based on the primary medical problem, answer each question in the table below.

Question	Most Likely Maternal	Worst Possible Maternal	Most Likely Fetal	Worst Possible Fetal
Identify the most likely and worst possible complications.	Infection	Emergency C section	Infection	Fetal death
What interventions can prevent them from developing?	Checking vitals	Checking vitals and how mom is progressing	Monitoring FHR	Monitoring FHR
What clinical data/assessments are needed to identify complications early?	Watching vital signs	Checking on mom and her vital signs	Monitor FHR and how baby does with contractions	Monitor FHR and how baby does with contractions
What nursing interventions will the nurse implement if the anticipated	Call the provider	Call the provider	Call the provider	Call the provider

complication develops?				
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Surgery or Invasive Procedures - *If this does not apply to your patient leave blank*

Describe the procedure in your own words.

Procedure
Cesarean

Surgery/Procedures Problem Recognition - *Leave blank if this does not apply*

To prevent a complication based on the procedure, answer each question in the table below.

Question	Most Likely Maternal	Worst Possible Maternal	Most Likely Fetal	Worst Possible Fetal
Identify the most likely and worst possible complications.	Infection – endomyometritis	Hemorrhage	Laceration, bruising, fractures	Transient Tachypnea
What interventions can prevent them from developing?	Checking vital signs	Assessing mom frequently	FHR	FHR
What clinical data/assessments are needed to identify complications early?	Temperature, blood pressure	Checking vital signs	Checking the FHR	Checking the FHR
What nursing interventions will the nurse implement if the anticipated complication develops?	Contact HCP	Contact HCP	Contact provider	Contact provider

Pharmacology

Any new drugs ordered during scenario must be added to the sheet before student leaves the simulation center for the day.

Medications	Pharm. Class	Mechanism of Action in OWN WORDS	Common Side Effects	Assessments/nursing responsibilities
Cefazolin	Anti-infectives	Treatment of infections	c.diff, N/V, cramps, rash	Assessing for reaction such as rash, wheezing, monitoring bowel function
Terbutaline	Bronchodilators	Management of preterm labor	Nervousness, tremors, headache, N/V	Monitor pulse, BP, FHR

Nursing Management of Care

1. After interpreting clinical data collected, identify the nursing priority goal for your shift and three priority interventions specific for your patient. For each intervention write the rationale and expected outcome.

Nursing Priority	Watching vital signs for mom and FHR	
Goal/Outcome	Making sure no infections and distress to baby.	
Priority Intervention(s)	Rationale	Expected Outcome
1. Checking vital signs of mom	1. checking vital signs of mom will help insure she isn't getting an infection	1. preventing the infection
2. Observing mom for hemorrhage	2. Looking for s/s and checking vitals	2. will help identify if mom is having a PPH
3. Assessing FHR	3. Making sure there is no distress to baby	3. Will help identify any complications

Abnormal Relevant Lab Test	Current	Clinical Significance
Complete Blood Count (CBC) Labs		
WBC	15.5	Fighting infection
Hgb	11.8	Low
Hct	11.8	Low
Metabolic Panel Labs		
Are there any Labs results that are concerning to the Nurse?		
No		

Current Priority Focused Nursing Assessment							
CV	Resp	Neuro	GI	GU	Skin	VS	Other
						Checking VS	

This Section is to be completed in the Sim center- do not complete before!

Time:		Focused OB Assessment					
VS	Contractions	Vaginal exam	Fetal Assessment	Labor Stage/phase	Pain Plan	Emotional	Other
	Freq. Dur. Str.	Dil. Eff. Sta. Prest. BOW	FHR Var. Accel. Decel. TX.				
Time:		Focused Postpartum Assessment					
VS	CV	Resp	Neuro	GI	GU/Fundal	Skin	Other
					Bladder Fundal loc Tone Lochia		
Time:		Focused Newborn Assessment					
VS	CV	Resp	Neuro	GI	GU	Skin	Other

EVALUATION of OUTCOMES - Complete this section AFTER scenario.

1. Which findings have you collected that are most important and need to be noticed as clinically significant?

Most Important Maternal Assessment Findings	Clinical Significance
Most Important Fetal Assessment Findings	Clinical Significance

2. After implementing the plan of care, interpret clinical data at the end of your shift to determine if your patient's condition has improved, has not changed, or has declined.

Most Important Data	Patient Condition		
	Improved	No Change	Declined

3. Has the patient's *overall* status improved, declined, or remained unchanged during your shift? If the patient has not improved, what other interventions must be considered by the nurse?

Overall Status	Additional Interventions to Implement	Expected Outcome

Professional Communication - SBAR to Primary NURSE

Situation
<ul style="list-style-type: none"> Name/age G P AB L EDB / / Est. Gest. Wks.: Reason for admission
Background
<ul style="list-style-type: none"> Primary problem/diagnosis Most important obstetrical history Most important past medical history Most important background data
Assessment
<ul style="list-style-type: none"> Most important clinical data: <ul style="list-style-type: none"> Vital signs Assessment Diagnostics/lab values <i>Trend of most important clinical data (stable - increasing/decreasing)</i> Patient/Family birthing plan? How have you advanced the plan of care? Patient response Status (stable/unstable/worsening)
Recommendation
<ul style="list-style-type: none"> Suggestions for plan of care

O2 therapy _____

IV site _____

IV Maintenance _____

IV Drips _____

Anesthesia Local / Epidural / Spinal / General

Episiotomy _____ Treatment _____

Incision _____ Dressing _____

Fundus Location _____ Firm / Boggy _____

Pain Score _____ Treatment _____

Fall Risk/Safety _____

Diet _____

Last Void _____ Last BM _____

Notes:

Intake _____ Output: _____