

	Erikson	Piaget	Freud	Kohlberg	Motor	Nutrition/ Growth	Language	Misc.
<b>Infant (birth - 1)</b>	<b>Trust vs. Mistrust</b>  Trust is the sense that there is correspondence between your needs and the world	<b>Sensorimotor</b> *Separation *Object permanence *Mental representation  Aware mother & self are separate plus developing object permanence equals Separation anxiety  Stranger anxiety at 6 to 8 mo.	<b>Oral Stage</b> Sucking, biting, vocalizing  Nonnutritive sucking	X	2m-lift head 4m- head control 5-6m-roll 6-7m crawling 8m- sit up 10m-prone to sit; 11m- walk holding on; 12m- walking  Grasp at 6 mo. Places object to container 11 mo. Build block of 2 by 12 mo.	Breastmilk or Formula first 6m. Or Iron fortified formula  4-6m- solids Cereal, fruits, veggies then meats Whole milk post year 1 Skim milk at end of 2 <sup>nd</sup> year  6 mo. Birth wt. doubles 12 mo. Birth wt. tripled 30 mo. Birth wt. Weigh quadrupled  Weigh nude, Measure length supine; Posterior fontanel closes at birth	Crying, coos, responds to noises, laughs, squeals says 3-5 words “mama dada” 10 mo & comprehends “no” by 1 yr	Talk softly, meet at eye level, maintain safe distance at first, use transitional object  <b>Safety:</b> no sharp parts or edges, no detachable parts  <b>Sleep:</b> alone, supine, no blankets/bedding, smoke free environment, do not over dress <b>Vital signs:</b> apical pulse, BP by extremities, legs best <b>Communication</b> calm, quiet voice, eye level position,

	Erikson	Piaget	Freud	Kohlberg	Motor	Nutrition/ Growth	Language	Misc.
						to 2 mo. Anterior fontanel closes 12 to 18 mo.		allow parent to hold if possible  IM med - 0.5 mL, vastus lateralis, 22 to 25 gauge, 5/8 to 1 inch long
<b>Toddler (1 - 3)</b>	<p><b>Autonomy vs. Shame &amp; Doubt</b> Toddlers want to do things themselves</p> <p>Negativism "No" Ritualism - transitional obj.</p> <p>Avoid using open ended questions with toddlers</p>	<p><b>Sensorimotor</b> *Object permanence. *Domestic mimicry. *Imitation</p> <p>Start to problem solve in their mind</p>	<p><b>Anal Stage:</b> Toilet training</p> <p>Readiness: dry post nap or night, aware of urge to go, communicate need to go</p>	<p><b>Punishment &amp; obedience orientation;</b> action considered good or bad depending on the outcome; toddler trying to avoid punishment</p>	<p>15m- walk, creep up stairs; 18m- throw ball overhand; 2y- up/downstair w/ both feet; 2.5y- stand on 1 foot</p>	<p>Picky/fussy eaters; finger foods; 1y- whole milk; 2y-low fat milk</p> <p>Older than 2 measure height standing up</p>	<p>1 - 3y- one-word sentences to several word/simple sentences; 300 words by 2y</p>	<p>Do not put to bed with juice or milk</p> <p>*Parallel play *Temper tantrums *Sibling rivalry</p> <p>Childproof environment</p> <p>Add Deltoid site if older than 18 mo. and developed muscle; Use 22 to 25 gauge, fluid amount 0.5 (infant) to 1</p>

	<b>Erikson</b>	<b>Piaget</b>	<b>Freud</b>	<b>Kohlberg</b>	<b>Motor</b>	<b>Nutrition/ Growth</b>	<b>Language</b>	<b>Misc.</b>
								mL (child) Common site for immunization
<b>Preschooler (3 - 6)</b>	<p><b>Initiative vs. Guilt</b></p> <p>Initiate new activities and consider new ideas</p> <p>Intrude into others bodies and space</p>	<p><b>Preoperational</b></p> <p>Problems solving based on what they can see &amp; hear; difficulty telling truth from fantasy</p> <p>Egocentric</p> <p>Animism- Give life like qualities to animals and inert obj.</p> <p>“Wishing makes it so”</p> <p>Irreversibility - cannot undo</p> <p>Immature logic</p> <p>Fear of body mutilation</p> <p>Fears</p>	<p><b>Phallic Stage</b></p> <p>Recognize differences in sexes</p>	<p>Age 4 to 7: <b>Punishment &amp; obedience orientation</b></p> <p>Fair exchange</p> <p>What’s in it for me?</p> <p>Actions Good or Bad in terms of consequence</p> <p>Will the action result in reward or punishment?</p>	<p>3y - tricycle</p> <p>4y - skips/hops on 1 foot; throw ball overhead</p> <p>5y- jump rope, walk backwards</p>	<p>Picky; willing to sample new foods</p> <p>Food jags</p>	<p>&gt;2,100 words;</p> <p>4-5 word sentences by 5y, enjoys talking</p>	<p>Nightmares &amp; night terrors</p> <p>Play in a group, no leader</p> <p>Imaginary friends</p>
<b>School-age (6 - 12)</b>	<p><b>Industry vs. Inferiority</b></p> <p>Child desires real</p>	<p><b>Preoperational</b></p> <p>At age 7 shift to social awareness and consider others</p>	<p><b>Latency Period</b></p> <p>Best friend same sex</p>	<p><b>Fair exchange</b></p> <p>7 to 10: Good boy/</p>	<p>Competitive and cooperative play</p>	<p>Adult portions, teach healthy food choices, no skipping</p>	<p><b>X</b></p>	<p>Begin losing primary teeth “age of lose teeth”</p>

	<b>Erikson</b>	<b>Piaget</b>	<b>Freud</b>	<b>Kohlberg</b>	<b>Motor</b>	<b>Nutrition/ Growth</b>	<b>Language</b>	<b>Misc.</b>
	achievement	viewpoint  <b><u>Concrete operational</u></b> 7-11yr. Concrete operational: Classification and logic - Thinking logically about concrete events	Focused on developing existing skills	Nice girl – living up to expectations  10-12 – social rules and laws determine behavior		meals		
<b>Adolescent (puberty - 20)</b>	<b>Identity vs. Role Confusion</b> Who am I and where am I going? New emotions, body, thoughts, etc.  Peer groups important	<b>Formal operational</b> Imaginary Audience - everyone will notice Personal fable - believe feelings and experiences completely unique High risk for	<b>Genital Stage</b>  Energies invested in forming friendships and preparing for marriage	<b>Good boy - Nice girl</b>  Law & order  Rules			<b>X</b>	Need visits from friends

	Erikson	Piaget	Freud	Kohlberg	Motor	Nutrition/ Growth	Language	Misc.
		injury Abstract logic						

**Freud: Mnemonic - "Old Aged People Love Grandchildren" - oral, anal, phallic, latency, and genital.**