

The service activities that I did at the South Plains food bank were that we first separated boxes of bagged oranges into bigger crates with a certain number of bags so that they could then be loaded to be distributed to different places. I also then helped bag up different breads and pastries into separate bags to be added to the carts/boxes that are given to the community. We also did that same bagging process with different deli foods and condiments as well to be added to the carts/boxes that are given out.

The South Plains Food Bank has been serving the community since 1983 and they now serve 20 different counties. The South Plains Food Bank helps the community by offering different programs that have the goal of ending hunger. They offer community service resources to help families apply for assistance like SNAP, CHIP, TANF, Women's health programs, and MEPD. They also offer a Senior Box program that provides boxes of nutritious food each month to low-income seniors who live in isolated and or rural communities. They offer food boxes to the community who are low-income so that they can drive up and collect their box. They also offer a mobile pantry where they take the food boxes to 19 out of the 20 counties that they serve so that even the rural areas can benefit from what is offered!

The South Plains Food Bank is a 501 C3 nonprofit organization. They get their funding through different grocery stores that donate different foods and buy money donations as well by other companies and others.

What I learned about myself from doing this service is that I find great joy and feel like I helped make somewhat of a difference in helping someone who may just have different situations or problems going on in life. It gave me the same feeling that I get when I help take care of patients. It did not feel like it was a forced job or duty to do, because caring and helping others is something that I find pride in doing. So, this community service experience just gave

me another way to have that same pride in knowing that what you are doing is helping others just in a different place and a different way.