

**Covenant School of Nursing  
Instructional 1 Learning Guide  
Topic: Elimination**

<b>Learning Goals/Outcomes</b>	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> <li>• Review anatomy of the GI and GU systems</li> <li>• Assess factors that impact urinary and bowel elimination</li> <li>• Identify factors related to alterations in elimination across the life span</li> <li>• Identify components of a complete bladder and bowel assessment</li> <li>• Identify interventions to promote normal bowel and bladder elimination</li> </ul>	
<b>Pre-Class Preparation</b>	
<p><b>Required:</b></p> <p><b>Read</b></p> <ul style="list-style-type: none"> <li>• Potter, P., Perry, A., Stockert, P., &amp; Hall, A. (2021). <i>Fundamentals of Nursing</i> (11<sup>th</sup> ed.) <ul style="list-style-type: none"> <li>o Chapter 46: Urinary elimination</li> <li>o Chapter 47: Bowel elimination</li> </ul> </li> </ul> <p>Additional Resources:</p> <ul style="list-style-type: none"> <li>• None</li> </ul>	
<b>Learning Activities</b>	
<p>Classroom Activities:</p> <ul style="list-style-type: none"> <li>• Lecture</li> <li>• Group Discussion</li> <li>• In-class identification activity</li> </ul> <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> <li>• Clinical assessment of bowel and urinary elimination</li> </ul> <p>Online:</p> <ul style="list-style-type: none"> <li>• None</li> </ul>	
<b>Evaluation Methods</b>	
<ul style="list-style-type: none"> <li>• Unit Exam</li> <li>• CPE &amp; Simulation</li> </ul>	
<i><b>Texas DECs</b></i>	<i><b>QSEN Competencies</b></i>
<p><b>Knowledge:</b> IA: 4; IB: 3, 7b, c IIB: 1,2,3; IIC: 1a, 2a, c; IID: 1a IIIA: 3; IIIB: 1a, b; IIIC: 2; IIID: 1c IVA: 5a; IVC: 4b; IVE: 1a</p>	<p>Patient Centered Care Safety</p>

<b>Clinical Judgments and Behaviors:</b> IA: 2; IB: 3a, b, c, 8 IIA: 2a; IIB: 1, 2, 3a, 5, 9; IIC: 1; IID: 2c IIB: 1, 2, 3a, 9; IIIC: 2a, b; IIID: 1, 2, 3 IVA: 2a; IVC: 2b, c; IVE: 1a	
<b><i>IM Student Learning Outcomes</i></b>	<b><i>NCLEX Test Plan</i></b>
1; 4; 8	Management of Care: Client Rights; Health Promotion and Maintenance: Techniques of Physical Assessment
<b><i>Concepts</i></b>	<b><i>Faculty</i></b>
Health Promotion: Physical Assessment	Severs
<b><i>Date originated:</i></b> 5/2/18	<b><i>Revision Dates:</i></b> 02/4/2019; 01/24/2022

*Instructional Module 1 Learning Guide*

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*CSON Learning Guide (adopted 5-2015 by Faculty vote) – REV 9-2016*