

# IM8: CPE Pre-briefing

## Learning Outcomes:

1. Identify a patient in cardiac arrest (initial student on the scene).
2. Respond to a cardiac arrest with a Teamwork-oriented mindset.
3. Administer effective chest compression & ventilation.
4. Administer medication accurately per ACLS algorithm.
5. Document the code blue accurately on the assigned code blue sheet.
6. Ensure the ACLS algorithm is followed & correct identification of shockable rhythm.
7. Give a thorough report to receiving nurse via phone.
8. Interpret laboratory results and integrate expected nursing actions.

## IM 8 : INSTRUCTIONS FOR CPE-MOCK CODE:

1. Review skills and behaviors necessary to participate in a code situation
2. Please arrive 10-15 minutes prior to your scheduled time for orientation and practice.
3. Review documents in prep area (pre-briefing).
4. CPE will last for approximately 20 minutes with randomly assigned scenario.
5. Meds will include epinephrine, vasopressin, amiodarone, NAHCO<sub>3</sub> (after ten minutes, 1 mEq/kg).
6. Familiarize yourself with your selected role. Watch the video.

## Assigned Groups: March 21,2024

0830-0930	Roles	0930-1030	Roles	1030-1130	Roles	1230-1330	Roles
A,Mlejandro		Alvarado,A.		Wooton,K.		Wright,C.	
Palmer,A,		Corpus,M.		Cruz,A.		Dolar,M.	
Fuambu,A.		Ghandour,A.		Harris,M.		Hernandez,E.	
Leal,M.		Luyando,K.		McMinn,L.		Mead,A.	
Shinsato,S		Ortiz,K.		Cole,T		Ratcliffe,A.	
Rosales,H		Salazar,J.		Schmitt,M		Oliver,J	

1330-1430	Roles	1430-1530	Roles
Byard,A.		Cobb,M.	
Dunn,K		Elliot,M	
Laguna,J.		Larkins,S	
Mora,A.		Morales,J.	
Redman,A.		Roberson,C.	
Thomas,S.		Trevino,G	

IM8 Pre-briefing in both classroom & SIM lab:

1. Discuss the learning outcomes & performance expectation based on roles.
- 2, Discuss the grading process:
  - a. Rubric for each role. Roles for practice are different for the actual test.
  - b. Orientation on the use of equipment (bed, backboard, Defibrillator, crash card).
  - c. Review medications & cardiac rhythm.
  - d. Graded as a group & given 2<sup>nd</sup> chance. The group should attain a grade of 100%.
3. After orientation, the group will do practice mock code CPE with practice scenario. The student will choose what role for the practice. After the practice, Faculty will give positive & Negative feedback.
4. Actual test: (20 mins):
  - A. Switch role, students are not allowed to perform the practice role.
  - B. Time out (10 min) is given if the group feels anxious and confused with the role expectation.

Collectively, the group will identify issues & expect to come up with solutions.
  - C. At the end of simulation. The group will interpret the laboratory results provided, expected actions and Unit disposition.

#### Roles for CPE

<b>Roles</b>	<b>Performance Expectations</b>
Charge	Can read the algorithm, knowledgeable, confident, assertive
Medications	Pushes "right" meds, calls them out, flushes after each administration
Airway	Correct rate, appropriate volume, switches in a timely manner
Compressions	Correct rate, allows chest recoil, switches in a timely manner
Scribe	Records accurate information, at the very least records IV pushes, rhythms, defib, update the charge & medication
Runner	Locates requested items in a timely manner, inform the physician & family, switches out with compressor when fatigued
Whole Team	Will all work together to perform post-code care or transfer to the ICU

CPE: Debriefing: (See the actual form): After the simulation, debriefing will take place:

- a.Roles
- b.Leadership
- c.Teamwork
- d General code response

