

Sylvia Castillo

## Community Service Reflection

The service activity that I chose to do was to volunteer at the Food Bank. This service has been around for 41 years. This service contributes to 19 surrounding counties. They contribute to the surrounding areas and Lubbock by providing food products, drinks, and meals to those who need it the most. They set up pop up trailers, assist with SNAP and WIC. With this service they can help alleviate hunger in low income and the elderly population. The Food bank gets its fundings from different fundraisers, government assistance, USDA, donations, and Food Pro. What I learned about myself after doing this service experience is that I need to help and volunteer to help my community more often. It was very inspiring the stories that we were told while volunteering and about all the people who have been helping for years. It's nice to know that Lubbock, TX has a food source to help service our community and others, especially our elderly population. It made me realize how blessed some of us are to be able to afford groceries, while others depend on the Food Bank to feed themselves and their families. Most of the volunteers at the Food Bank have been volunteering for many years. The day that I did my volunteering I realized that it is a lot of work that needs to be done. We were on the produce side which meant we helped with oranges. We had to place a certain amount into large crates/boxes and then help break down the boxes. It was easy for us because we did the task as a team, but I can only imagine how much more work it would be for them doing it daily with not many helpers. The part we volunteered at was just one side of the entire building, there was other side of the building that we walked past. The food bank helps supply produce, dry foods, drinks, and many other meals for families. My grandparents are candidates for the senior citizen food boxes, and I know personally how much those boxes really help feed them. I am very grateful I was able to volunteer at the Food Bank and I hope to return to help our community and all the surrounding areas.

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### LVN-RN Community/Ancillary Service Experience Covenant School of Nursing

(Student to fill out this section PRIOR to clinical experience)

Date: 02-14-2024 Student's Name: Sylvia Castillo

Organization: South Plains Food Bank

Site address: 5405 M.L.K Jr Blvd, Lubbock, TX 79404

Volunteer duties: Assist with organizing food products

Signature of Staff:  Phone #: 806-642-6120

Hours completed: 3.5

Thank you for allowing a nursing student from Covenant School of Nursing LVN-RN Track to participate in your community/ancillary service site today.

Please call one of the Instructor's, Ester McWilliams (806) 317-9680 (cell) or Dondi Kilpatrick (806) 239-6263 (cell) for additional comments regarding student performance and/or participation in your area today.



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