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02/14/2024

My experience at the food bank.

When going to the food bank, I didn't quite understand what I was going to experience, however my classmates and I showed up at the facility ready for the day ahead of us. When we got there, one of the team members immediately greeted us and he then proceeded to give us details of the importance of why the food bank was created and how families benefit from it. The team member gave us instructions and warned us about being cautious, when being close to the machines that are used for transferring heavy boxes.

They then placed us where they needed the most help. My partners and I began to move several packages of mandarins from the original boxes into big containers, where they would then be placed in another room for other volunteers to pass them out. The mandarins would then be given to families in the area that are eligible to receive benefits. The amount of food donated is impressive everywhere I looked there was tons of groceries, all they asked for is a little help to make the dream happen for many families.

Later that day we met Mary, Mary is a retired woman that likes to volunteer a few days out of the week, her duties were to destroy all the boxes where the mandarins came in. First, she showed us how to use the machine. The machine we named "The cram box", this machine smashed all the boxes with an intense force and flatten them out saving the volunteers time and effort to complete other duties. This experience was one of a kind, I was able to interact and get

to know my classmates. This full experience made me feel happy to know that I was able to help that day, and maybe I could return another day and help Mary.