

**IM 6 Maternal Newborn & PMH Assignments**  
**HESI assignments are due @ 2359 Sunday the following week of lecture topics.**

**Grading:** Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI clinical skills and case studies are **HIGHLY RECOMMENDED** to be completed prior to their corresponding lecture.
- HESI OB and PMH adaptive open book quizzes 1-4 will account for 4% of your total grade.
- Progression to the next module requires completion of all assigned work.

| Weekly Topics and Required Reading                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |  | Highly Recommended HESI Clinical Skills                                                                                                                                                                                                                                                                                                                                               | Highly Recommended HESI Case Studies | Questions per Lecture |
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| <b>WEEK 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |  |                                                                                                                                                                                                                                                                                                                                                                                       |                                      |                       |
| <b>Antepartum Nursing and Antepartum Testing / Soliz - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., McKinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 6, Maternal Adaptation to Pregnancy pp. 100-126, Ch. 7, Antepartum Assessment, Care and Education pp. 127-153, pg. 132-table 7.1; pg. 133-table 7.2; pg. 135-Ultrasonic screening, Glucose screening and Isoimmunization; Ch. 8, Nutrition for Childbearing pgs. 154-170, Chapter 9: Assessing the Fetus pgs. 178-198. Ch. 11, The Childbearing Family with Special Needs pp. 271-277 Ch. 15, Nursing Procedure 15.1 Leopold's Maneuvers pp.383-384</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternal Nursing. Antepartum Nursing Care: Activities during First &amp; Subsequent Prenatal Visits and Nutrition, Obtain Laboratory Data, Fetal and Maternal Assessment Techniques-Ultrasonography, Chorionic Villi Sampling (CVS) and Amniocentesis; Additional Antepartum Tests-Non-stress test, Contraction stress test, Biophysical profile. Antepartum Nursing Care: Psychosocial Responses to Pregnancy, Appendix-Common Laboratory Tests</li> </ul> |  | <b>Antepartum Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Admission Assessment: Obstetric Patient</li> <li>• Biophysical Profile</li> <li>• Leopold's Maneuvers</li> </ul> <b>Intrapartum Nursing Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Laboring Patients: Nursing Care</li> <li>• Rho (D) Immune Globulin</li> </ul> |                                      | 16                    |
| <b>Electronic Fetal monitoring / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., McKinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 14 Intrapartum Fetal Surveillance pp. 347-371</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Electronic Fetal Monitoring</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  | <b>Electronic Fetal Monitoring Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Fetal Heart Rate: Interpretation</li> </ul>                                                                                                                                                                                                                                   |                                      | 7                     |
| <b>Intrapartum Nursing / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., McKinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 12-Processes of Birth; Chapter 13- Pain Management During Childbirth; Chapter 15-Nursing Care During Labor and Birth</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Intrapartum</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |  | <b>Intrapartum Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Artificial Rupture of Membranes</li> <li>• Epidural Catheter Insertion</li> <li>• Oxytocin</li> <li>• Vaginal Delivery</li> </ul>                                                                                                                                                             |                                      | 25                    |

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| <b>Postpartum Nursing / Soliz - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., McKinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 11 Adolescent Pregnancy pp. 271-277, Adoption pp. 291-292 and Postpartum Depression pgs. 292-295, Ch. 17 Postpartum Adaptation and Nursing Care pp.458-493, Ch. 18 Postpartum Maternal Complications pp. 495-515, Ch. 22 Breastfeeding pp. 609-627</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Postpartum Nursing Care: Normal Postpartum</li> </ul> | <b>Postpartum Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Assessment: Postpartum Patients</li> <li>• Breastfeeding Education</li> <li>• Cesarean Delivery: Recovery Care</li> </ul> | <ul style="list-style-type: none"> <li>• Postpartum</li> </ul>       | 17                          |
| <b>OB HESI Adaptive open book Quiz # 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                  | <b>Due 03/24/24 @ 2359</b>                                           |                             |
| <b>EXAM 1 - 65 Questions + Dose Calculation Questions</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                  |                                                                      | <b>03/25/24 - 0800-1100</b> |
| <b>WEEK 2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                  |                                                                      |                             |
| <b>Current Theories &amp; Practice / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                    | <b>Current Theories Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Elopement</li> </ul>                                                                                                   |                                                                      | 9                           |
| <b>PMH Legal/Ethical Issues / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                          | <b>Abuse and Neglect Mental Health Collection</b><br>Abuse & Neglect of Older Adults                                                                                                                             |                                                                      | 5                           |
| <b>WEEK 3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                  |                                                                      |                             |
| <b>Psychopharmacology / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (4th ed.): Ch. 4</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                             | <b>Psychopharmacology Mental Health Collection</b><br>Psychiatric Medications;<br>Recognizing Adverse Effects                                                                                                    |                                                                      | 12                          |
| <b>Therapeutic Communication / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication</li> </ul>                                                                                                                                                                                                                                                                                                | <b>Nurse Patient Relationship Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Therapeutic Communication</li> </ul>                                                                         |                                                                      | 9                           |
| <b>Substance Use Disorder / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing</li> </ul>                                                                                                                                                                                                                                                                                            | <b>Substance Use Disorder Mental Health Collection</b><br>Addiction, Chemical Dependency & Withdrawal                                                                                                            | <b>Substance Use Disorder Mental Health Collection</b><br>Alcoholism | 15                          |

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| <b>Mood Disorders / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16: Ch. 23.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                                                | <b>Mood Disorders Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Bipolar Disorder</li> <li>• Depression</li> <li>• Electroconvulsive Therapy</li> </ul>                                                          | <b>Mood Disorders Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Depression</li> </ul>                                          | 15                          |
| <b>PMH - HESI Adaptive open book Quiz # 2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                         | <b>Due 04/07/24 @ 2359</b>                                                                                                                             |                             |
| <b>EXAM 2 - 65 Questions + 5 Dose Calculation Questions</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                         |                                                                                                                                                        | <b>04/08/24 - 0800-1100</b> |
| <b>WEEK 4</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                         |                                                                                                                                                        |                             |
| <b>Pregnancy at Risk / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: High-Risk Disorders</li> </ul>                                                                                                                                                                                                                                            | <b>Pregnancy at Risk Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Deep Tendon Reflexes</li> <li>• Precipitous Delivery</li> <li>• Prolapsed Cord</li> <li>• Shoulder Dystocia</li> </ul>                    | <b>Pregnancy at Risk</b> <ul style="list-style-type: none"> <li>• Ectopic Pregnancy</li> <li>• Gestational Diabetes</li> <li>• Preeclampsia</li> </ul> | 26                          |
| <b>Week 5</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                         |                                                                                                                                                        |                             |
| <b>Reproduction, Contraception &amp; Infertility / Soliz - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.) Ch. 2 pgs. 34-36 Ethics and Bioethics; Ch.3 Reproductive Anatomy and Physiology pp.45-59, Ch. 5 Conception, and Fetal Development; Ch. 26 Infertility Ch. 25 Family Planning pp. 693-716</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing The Menstrual Cycle and Contraception Methods, Fertilization and Maternal Physiologic Changes during Pregnancy</li> </ul> |                                                                                                                                                                                                                                         |                                                                                                                                                        | 13                          |
| <b>Women's Health / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 2 Intimate Partner Violence and Human Trafficking sections pp. 29-34, Ch. 27 Women's Health pp 737-747, 751-756, Menopause 757-760, Pelvic Floor Dysfunctions 762-774</li> <li>• HESI Comprehensive Review for NCLEX-RN Examination: Advanced clinical concepts section on HIV. Medical Surgical Nursing - Women's Reproductive System &amp; STD's</li> </ul>                                                                      | <b>Women's Health Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Dilatation &amp; Curettage</li> </ul><br><b>Emergency Collection</b> <ul style="list-style-type: none"> <li>• Sexual Assault Exam</li> </ul> | <ul style="list-style-type: none"> <li>• HESI Maternal-Newborn Practice Exam</li> <li>• HESI Maternal Newborn Quiz</li> </ul>                          | 26                          |
| <b>OB HESI Adaptive open book Quiz # 3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                         | <b>Due 04/21/24 @ 2359</b>                                                                                                                             |                             |
| <b>EXAM 3 - 65 Questions + 5 Dose Calculation Questions</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                         |                                                                                                                                                        | <b>04/22/24 - 0800-1100</b> |
| <b>WEEK 7</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                         |                                                                                                                                                        |                             |

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| <b>Psychiatric Emergencies / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>Psychiatric Emergencies Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Agitation &amp; Disturbed Behaviors Prevention</li> </ul> | <b>Psychiatric Emergencies Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Psychosis</li> </ul>   | 15                          |
| <b>Schizophrenia / Maya - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>Schizophrenia Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Schizophrenia &amp; Psychosis</li> </ul>                            | <b>Schizophrenia Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Schizophrenia</li> </ul>         | 20                          |
| <b>Somatic Symptoms Disorders / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                            |                                                                                                                         | 5                           |
| <b>Anxiety &amp; Stress Disorders / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>Anxiety Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Anxiety</li> </ul>                                                        |                                                                                                                         | 16                          |
| <b>Personality Disorders / Harrison - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13</li> <li>• HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nsg.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Personality Disorders Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Borderline Personality Disorder</li> </ul>                  | <ul style="list-style-type: none"> <li>• HESI Mental Health Practice Exam</li> <li>• HESI Mental Health Quiz</li> </ul> | 9                           |
| <b>PMH HESI Adaptive open book Quiz # 4</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                            | <b>Due 05/05/24 @ 2359</b>                                                                                              |                             |
| <b>EXAM 4 - 65 Questions + 5 Dose Calculation Questions</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                            |                                                                                                                         | <b>05/06/24 - 1100-1400</b> |
| <p style="text-align: center;"><b>Additional Assignments</b></p> <ul style="list-style-type: none"> <li>• Current theories reflective journal assignment due on Current Theory Lecture Day @ 2359.</li> <li>• AA Meeting Reflective Journal submitted to Dropbox due for <b>Group 1</b> on <b>04/11/24 @ 1600</b> and <b>Group 2</b> on <b>05/02/24 @ 1600</b>.</li> <li>• PMH Patient Teaching Brochure for presentation due @ 1700 on Monday preceding the presentation date.</li> <li>• OB Presentation upload to LMS drop box for <b>Group 1</b> on <b>04/08/24 @ 1000</b> for <b>Group 2</b> on <b>04/25/24 @ 0700</b>.</li> <li>• HESI Adaptive open book Quizzes 1-4 are due on the <b>Sunday night prior to the corresponding unit exam at 2359</b>.</li> <li>• Obstetrics/Maternity Practice Exam and Quiz recommended on <b>04/21/24 @ 2359</b>.</li> <li>• PMH HESI Practice Exam and Quiz recommended on <b>05/05/24 @ 2359</b>.</li> <li>• All Clinical paperwork is due on Thursday after the clinical activity @ 1600.</li> <li>• All PMH &amp; OB Module paperwork including the original signed community verification form for any community clinical site must be received by Thursday, <b>04/11/24 and 05/02/24 @ 1600</b> to be allowed to switch clinical rotations and to progress to IM7.</li> </ul> |                                                                                                                                                            |                                                                                                                         |                             |