

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description</p> <p>I backed myself into a corner when asking about my patients pain level (a 2) and I did not have the correct resources to help with a pain less than 4. This happened at the beginning of the scenario before I stepped out to pull my medications for the patient. I was at the patient's bedside at the time that I started to stumble with how I was going to manage the patient's pain without a proper order for medication. I played the nurse and Heinrich played the patient for my scenario. After a run around with talking to the patient I was able to hold off on the pain medication and educated the patient that if it got worse, I could correct it with hydrocodone.</p>	<p>Step 4 Analysis</p> <p>I can apply a lot of my knowledge from previous modules to this CPE. My knowledge of correct medication administration from module one was relevant in this situation. A broader issue that can arise from this issue is medication administration errors and situations that put our patients in danger. This CPE was to help give us a deeper understanding of how important the simple basics are of nursing and how important it is to be safe every single time you walk into the patients room.</p>
<p>Step 2 Feelings</p> <p>Why is this the most important feeling?</p> <p>I was confident at the beginning of the scenario, I felt good and comfortable with my skills. When doing the room tour, I took in as much visual information of my scenario as possible and started figuring out the best plan of action for my patient. When I was stumbling with managing my patient's pain, I got nervous and quietly frustrated because I didn't know how to properly diffuse the situation. My patient was not the friendliest and kept telling me "Whatever you think is best" or "Whatever you want", this made tighten my attitude and take control of the situation with the patient and just tell the patient what I am doing why I am doing it. I feel the final outcome was good, I did everything in my mind to back track on trying to give pain medications and told them I would evaluate them in a few minutes to see if it's worse.</p>	<p>Step 5 Conclusion</p> <p>I could be made the situation better by communicating more efficiently and learning how to always respond appropriately. I think the situation was good and doesn't need to be better. I could have just slowed down and reminded the patient that we can wait a little longer and see if they pain will subside by itself or get worse. I learned to read to evaluate the entire room instead of specifically just the patient</p>
<p>I learned a lot of prioritization with this CPE, I wouldn't say it was easy, but it was definitely something that I have done many times so I feel like it was semi first nature for me at this point. I think it was difficult slowing down and making sure every single detail for safety was correct for the patient. I think my medication education went extremely well. I did not expect a different outcome, I feel like everything went as well as it could for the exam. I did not expect my patient to have such an attitude with me but I was able to adjust accordingly. I contributed to my learning by studying my medications and the NII for the exam</p>	<p>Step 6 Action Plan</p> <p>I think overall this was a very needed scenario for me and my education. I can conclude that I will be more aware of all of my surroundings for the patients. I wouldn't do anything drastically different next time, I would only respond differently to the pain answer from the patient better. I will use this CPE event for the rest of my schooling and career to better communicate to patients. Yes I can apply these to hospital medication administration. No matter how much you prepare you will always be able still earn something new every time. I will use this in the future by slowing down and evaluating the entire room and make sure the patient is safe</p>

