

Final Clinical Reflection

I had the opportunity this half of my clinical rotations to be with two nurses and learn from them. I learned so many good and bad things I would want to do when I'm the registered nurse on duty. Both were amazing and I am so appreciative to both of them.

My main preceptor would build a fast rapport with our patients. His communication skills are amazing. When talking to the patients he would immediately gain their trust and they felt so much more comfortable when I was doing the patient care and procedures when it came to drawing blood, giving medications, or starting IVs because he was in the room and always made sure I was doing it correctly. When we needed an order for our patients or to report a change in the condition of our patient he would just go straight to the doctors to notify them and then would update the charge nurse when available. He spoke with confidence and I hope one day I will get to where he is now. On days when we didn't have much to do, he would talk about previous experiences and quiz me on what I would have done and then tell me what happened and he would give me feedback on the option I chose. It was a great experience as well.

My second preceptor this second half, taught me what we have to document and do with an actual ICU patient. My first day with him felt so overwhelming because I felt I hadn't learned anything during the first half of my clinicals. I learned how to titrate drips like levo, insulin, and vasopressin. How to properly take care of a patient who is intubated and severely sick, I was exhausted by the end of my shift and ready to go home. He was so knowledgeable about all the common ICU drips they give to patients and was an amazing teacher.

Overall I loved the teamwork on the unit and the staff is so amazing and eager to teach the students. They have an amazing set of nurses on the floor and if it wasn't because I have a job already at UMC this is the unit I would love to work at. Hopefully, in the near future, I have the privilege to work alongside these amazing nurses.