

Covenant School of Nursing
LVN-RN Track Learning Guide
Topic: Personality Disorders

Learning Goals/Outcomes	
Upon completion of this lesson, you will be able to: - Understand the concept of personality and the development of personality. - Differentiate between the ten personality disorders and the distinguishing characteristics of each. - Understand the meaning of terms commonly associated with personality disorders (examples: derealization, depersonalization, splitting, decatastrophizing). - Identify risks and safety concerns common in the person with borderline personality disorder and antisocial personality disorder. - Discuss treatment options for patients with a personality disorder including medications. - Develop a nursing plan of care for patients experiencing personality disorders.	OSEN Competencies
Pre-Class Preparation	
Recommended reading: - Silvestri, L. A. (20XX). <i>Saunders comprehensive review for the NCLEX examination</i>. Elsevier. - Cuellar, E. T. (Ed.). (20XX). <i>HESI comprehensive review for the NCLEX-RN examination</i>. Elsevier.	
Learning Activities	
Classroom Activities: - Lecture and PowerPoint Presentation Laboratory/Clinical: - Care of the patient with a personality disorder in the clinical setting	
Evaluation Methods	
- Exams - Clinical performance/Evaluation	
Texas DEC's	
Knowledge: II.B1,5,7a; II.C 6; II.E 4a, 6a&b, 7 Clinical Judgments & Behaviors: II.E1; II. E.2 a, b & c, 3b;	Patient Centered Care; Teamwork & Collaboration; Safety
Learning Outcomes	NCLEX Test Plan
1,2,3	<u>Psychosocial Integrity:</u> Crisis intervention, Behavioral interventions, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment <u>Pharmacological & Parenteral Therapies:</u> Adverse Effects/Contraindications/Interactions & Expected Actions/Outcomes
Concepts	Faculty
Interpersonal Relationships & Coping	Annie M. Harrison, DNP, RN PMH-BC
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