

**Covenant School of Nursing
LVN-RN Track Learning Guide
Topic: Current Theories and Practice**

Learning Goals/Outcomes
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Integrate evidence-based principles to meet the care needs of patients with mental health disorders • Integrate evidence-based data in making clinical decisions for patients with mental health disorders • Analyze legal and ethical concerns in the provision of nursing care to patients with mental health disorders • Communicate effectively with persons with mental health disorders • Collaborate with the health care team to promote optimal health levels for patients with mental health disorders • Promote use of resources to optimize health in persons with mental health disorders • Evaluate your feelings and attitudes regarding persons with mental health disorders
Pre-Class Preparation
<p>Recommended:</p> <ul style="list-style-type: none"> • Silvestri, L. A. (20XX). <i>Saunders comprehensive review for the NCLEX examination</i>. Elsevier. • Cuellar, E. T. (Ed.). (20XX). <i>HESI comprehensive review for the NCLEX-RN examination</i>. Elsevier.
Learning Activities
<p>Classroom Activities:</p> <ul style="list-style-type: none"> • Lecture • Discussion <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • Care of patient with mental health disorders in the clinical setting
Evaluation Methods
<ul style="list-style-type: none"> • Exam • Clinical performance/evaluation

Texas DEC's	QSEN Competencies
<p>Knowledge: I. A 1, 2, 3, 4, I. B 1, 2, 3, 5, 7, 8, I. C 1, 2, II. A 2, II. B 1, II. B 2, II. B 3, II B 4, II B 5, II. B 7, II. C 1, II. C 2, II C 3, II C 6, II. C 7, II. E 2, 3, 4a, 7, 8, 9, 11, III. A 1, 2, 3, 4, 5, 6, III. B 1, 2, 3, IV. B 1, IV. C 5, 6, 7</p> <p>Clinical Judgment: I. A 1, 2, 3, I. B 1, 2, 3, 4, 5, 6, 7, 8, 9, I. C 1, 6, II. A 2, II. C 7, II. E 9, 10, III. A 5a, IV. B 3a, IV. E 1a, b</p>	<p>Patient Centered Care; Teamwork & Collaboration; EBP; Quality Improvement; Safety; Informatics</p>
Student Learning Outcomes	NCLEX Test Plan
<p>2, 3, 4, 5, 6, 8</p>	<p>Safe and Effective Care Environment</p> <ul style="list-style-type: none"> • Management of Care (Advocacy, Case management, Client rights, Collaboration with interdisciplinary team, Confidentiality/Information security, Ethical practice, Informed consent, Legal rights, Performance improvement, Referrals) • Safety and Infections Control (Security

	<p>plan, Use of restraints/safety devices)</p> <p>Health Promotion and Maintenance (Health promotions/disease prevention, High risk behaviors)</p> <p>Psychosocial Integrity (Abuse/neglect, Behavioral interventions, Crisis intervention, Family dynamics, Mental health concepts, Support systems, Therapeutic communication, Therapeutic environment)</p> <p>Physiological Integrity</p> <ul style="list-style-type: none"> • Pharmacological and Parenteral therapies (Adverse effects/Contraindications/Side effects/ Interactions, Dosage calculations, Expected outcomes, Medication administration, parenteral/Intravenous therapies) • Reduction of risk potential (Changes/abnormalities in vital signs, Diagnostic tests, Laboratory values, System specific assessments) • Physiological Adaptation (Illness management, Unexpected response to therapies)
Concepts	Faculty
Ethical and Legal Practice Current Theories in Practice	Annie M. Harrison, DNP, RN PMH-BC
Date originated: 12/21/17	Revision Dates: 01/13/23; 2/19/24

LVN-RN Track Learning Guide

Topic: Mental Health - Current Theories and Practice

CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. *Conquering the Content*. San Francisco: Jossey-Bass, 2008. REV 3-2016