

## Clinical Reflection – Week 3

Reflect on your experiences during your **second or third week** of clinicals.

You will choose this week's reflection based on if you were able to perform a physical assessment.

Answer the questions below on the week you performed the physical assessment this week.

- Describe an interaction with a patient while you were conducting a head-to-toe assessment.
- How did you feel?
- How did the patient respond to you?
- Did anything surprise you?
- What do you feel went well?
- What do you feel could have gone better?
- Did you have the opportunity to observe a patient on oxygen therapy this week? If so, what type of device? What was the flow rate?
- Did you observe the diet ordered for your patient? What percentage of their meal did they eat?

Patient Centered Care

- Give an example of Patient Centered Care that you observed this week. (What elements of care were specific to the patient/family and their individual needs?)

Weekly Wrap Up

- In what way did you contribute to your learning this week?
- What is your overall reaction to this week of clinicals?

Follow the questions/prompts below if you **Did Not** perform a physical assessment this week.

- Was there a patient interaction that stood out to you?
- How did that make you feel?
- Did anything surprise you?
- What do you feel went well?
- What do you feel could have gone better?
- In what way did you contribute to your learning this week?
- Did you have the opportunity to observe a patient on oxygen therapy this week? If so, what type of device? What was the flow rate?
- Did you observe the diet ordered for your patient? What percentage of their meal did they eat?

Patient Centered Care

- Give an example of Patient Centered Care that you observed this week. (What elements of care were specific to the patient/family and their individual needs?)

#### Weekly Wrap Up

- In what way did you contribute to your learning this week?
- What is your overall reaction to this week of clinicals?

Reflections should be a minimum of 250 words and address each bulletin point in the rubric. Feel free to add anything else that you want to share.

Email your clinical reflection to your advisor **no later than 2359 on Monday of your second and third weeks of clinical at Covenant Medical Center. Late submissions will result in a Needs Improvement on the IM1 Clinical Evaluation.**

(If you are having any difficulties submitting this assignment, you must contact your instructor prior to 9:00 pm on the due date)