

Eating Disorders Activity Answers

Pica

Eating inedible things

Rumination Disorder

Regurgitating and re-swallowing food

Anorexia Nervosa (AN)

Maintain a sense of control

Body dysmorphia

Intense fear of gaining weight

Mitral valve prolapse

Lanugo

Amenorrhea

Purging - vomiting, laxatives, excessive exercise

Bulimia Nervosa (BN)

Parotid gland swelling

Russell's sign

Metabolic alkalosis

Sense of guilt

Tooth decay

Average or slightly above average weight

Purging - vomiting, laxatives, excessive exercise

Aspiration pneumonia

Selective Serotonin Reuptake Inhibitor's

Palpitations, hypertension

Binge-Eating Disorder (BED)

Eating large amounts of food without compensatory behaviors

Selective Serotonin Reuptake Inhibitor's

Avoidant/Restrictive Food Intake Disorder (ARFID)

Opposition to food based on how it looks, smells, or feels

Other Specified Feeding or Eating Disorder (OSFED)

Night Eating Syndrome

Food Addiction

Experience pleasure from the anticipation of eating

Drunkorexia

Self-imposed starvation combined with alcohol abuse

Pregorexia

Attempting to remain slim during pregnancy

Post-Bariatric Surgery Transitions

They may experience eating avoidance as evidenced by grazing, nibbling, or picking

Diabulimia

Reduction of insulin to lose weight

Orthorexia Nervosa

Obsession with the healthfulness of foods