

LVN-RN Community Service at South Plains Food Bank 2024

During our time at SPFB, we unboxed bags of clementine oranges, bagged bakery goods into crates, and broke down boxes for recycling. At the end of our session, Erica informed us that we participated in feeding around 480 families for the day by our work alone.

South Plains Food Bank has been servicing Lubbock and surrounding communities since 1983. As they have grown, so have the needs for the people in west Texas. Erica informed us they have at times almost 300 cars come to the food bank and pick up a basket worth of groceries a day.

While driving up to get food from SPFB bank is an option, SPFB also provides mobile services to those who have a hard time getting out of their homes. SPFB also has programs such as children's feeding program and senior box program that help young children under 18 and the elderly receive food. They also have a trifold project that involves a farm and orchard where around 50,000 pounds of fruits and vegetables are produced each year. This not only helps feed local communities but also gives teenagers ages 14-18 a chance to participate in their G.R.U.B program (Growing Recruits for Urban Businesses).

South Plains Food Bank relies solely on donations. They pick up food donations from multiple places around Lubbock such as Costco, Wal-Mart, United, H-E-B, just to name a few. Monetary donations are given by individuals or local businesses.

What I have learned about myself during this experience is how ignorant I was to the work it takes to make hunger not an issue for the less fortunate. It was such a great way to gain education about the needs of the people in our community and also for volunteer work in our non profits.