

Covenant School of Nursing
LVN-RN Track: Course Learning Guide

Topic: Women's Health, Gynecological, and Obstetrical Care Part 1

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Incorporate key terms related to gynecological and obstetrical care into nursing practice
- Analyze the nursing actions performed to provide care for all aspects of women's gynecological and obstetrical care

Women's Health

- Review genetic factors and lifestyle choices which affect women's health adversely
- Analyze the various contraceptive choices
- Summarize preventative screenings, diagnostic procedures, treatments, and nursing actions for the common conditions in women's care
- Consider the health care needs and barriers to care for women

Reproductive Anatomy and Physiology / Infertility

- Review female reproductive anatomy and function
- Identify the aspects of infertility and the implications of assisted fertility

Conception / Fetal Development

- Examine basic components of conception and embryonic, placental, and fetal development
- Differentiate methods for diagnosis of pregnancy and determination of gestational estimated date of delivery (EDD)

Antepartum Period / Prenatal Care / Antenatal Screening

- Assess the physiological and psychological changes during pregnancy
- Determine the fundamental elements of prenatal care and the indications for antenatal assessments/testing
- Explore pre-existing medical conditions and pregnancy-related complications and their impact on the pregnant patient and the fetus(es)

Pre-Class Preparation

Required:

Reading Saunders Comprehensive Review for the NCLEX-RN Examination, 9th ed.

- Chapter 21: Reproductive System
Entire Chapter
- Chapter 22: Prenatal Period
Entire Chapter
- Chapter 45: Oncological and Hematological Problems
XIII. Cervical Cancer
XIV. Ovarian Cancer
XV. Endometrial (Uterine) Cancer
XVI. Breast Cancer
- Chapter 53: Cardiovascular Problems
IX. Myocardial Infarction
- Chapter 55: Renal and Urinary Problems
XII. Acute Cystitis (Urinary Tract Infection)
XIII. Urethritis
XIV. Urethritis
XV. Pyelonephritis
- Chapter 59: Neurological Problems
X. Stroke (Brain Attack)

Additional Resources

- Benefits of contraceptive use in the United States (3.39) – <https://www.bing.com/videos/search?q=contraception+videos&&view=detail&mid=69556DDC95493E19549369556DDC95493E195439&&FORM=VDRVRV>
- Ovulation & the menstrual cycle (4.05) – <https://www.youtube.com/watch?v=WGjsrGmWeKE>
- Types of contraception (5.53) – <http://www.nhs.uk/Video/Pages/Typesofcontraception.aspx>
- The ultimate guide to pregnancy (50min) – <https://www.youtube.com/watch?v=Pgh7--1MVbo>
- Life Before Birth – In the Womb (1 hr, 42 min) – <https://www.youtube.com/watch?v=0gAsdEUNUJY>
- Peri menopause symptoms/Signs and Symptom of Menopause (3.10 min.) <https://www.youtube.com/watch?v=egfZkjgliSQ>
- Understanding Menopause (3.16 min.) <http://www.bing.com/videos/search?q=menopause+video&view=detail&mid=BD41AEF6E315C4952395BD41AEF6E315C4952395&FORM=VIRE>
- American Pregnancy Association website-<http://americanpregnancy.org>

Learning Activities	
Classroom Activities: • Lecture • Class participation • Video Laboratory/Clinical: • GYN CPE Online: • Assignments listed in “HESI & Other Assignments”	
Evaluation Methods	
• Unit exam	
<i>Texas DEC's</i>	<i>QSEN Competencies</i>
Knowledge II.A. 1a, 2a, 2b,3; II.B.2, 4, 5, 6, 7, 8, 11, 12 II.C. 3, 4b. 5, 6, 7, 8; II.D. 1a, 1b, 1c, 3b, 4c,5a II.E. 1a, 1b, 2, 4a,4b, 5, 6b, 12, 13 II.F. 2 IIG. 2a, 2b, 3a, 3b IV.C, 1, 3, 5, 8 Clinical Judgments and Behaviors I.A.1, 2, 3a, 3b, B.2a, 2b, 3a, 3b, 3c, 4a, 4b, 5.a, 5.c, 6.a, 6.b, 6.c; II.A, 1, 2.a, 2.b, 3, 4 II.B.1, 2, 3.a, 3.b, 4, 5, 6, 7, 8, 9 II.C.1, 2, 3a, 4, 5, 6, 7 II.D.1, 2a, 2c, 2d, 3a, 3b,3c II.E.1, 2.a, 2.b, 2.c, 3.b, 4, 5.a, 6.a, 6.c, 6.d, 9, 10, 11, 12b; II.F.1a, 1b, 1c, 2a, 2b, 5a, 5b. II.G.1,2a, 2b, 3, 4, 5a, 5b, 6, 7 II.H.6 III.A., 2, 3, 4, 5a III.B.1, 2, 3a, 3b, 3c, 4, 5, 8, 9 III.C.2a, 2b III.D.1, 2, 3 III.E.1, 3 III.F.1	Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety, Informatics

IV.A.1 IV.B.1a, 2 IV.C.1a, 2b IV.D.1b, 3b, IV.E.1b, 1c, 2b, 2c, 4	
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<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
1, 2, 3, 4, 5, 6, 7, 8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
<i>Concepts</i>	<i>Faculty</i>
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Gas Exchange, Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sleep, Coping, Human Development	Debbie Dutton, MSN, RNC-OB
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Instructional Module LVN-RN Track Learning Guide

Topic: Women's Health / OB/Gyn

CSON Learning Guide (adopted 5-2015 by Faculty vote) – REV 9-2016, 10-2017, 1-2023, 3-2023