POST-CLINICAL REFLECTION

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was nervous about my first code, but also excited for the experience. I ended up being proud of myself and very greatful for the experience while in school.
What did you already know and do well as you provided patient care?	I, of course, know BLS & code management so I wasn't completely lost when everyone was doing different things/giving meds.
What areas do you need to develop/improve?	I think with experience comes confidence. With more experience I will be more comfortable & confident while participating in a code.
What did you learn today?	I learned a lot just by watching everyone interact & know their assigned jobs. It is hard to put into words since it wasn't patho/definition related.
How will you apply what was learned to improve patient care?	I will apply it to future patient scenerios + I will be able to better participate in codes after today.