

Covenant School of Nursing
LVN-RN Track: Course Learning Guide
Topic: Obstetrics and Gynecological Care Part 2

Learning Goals / Outcomes

Upon completion of this lesson, you will be able to:

Complicated Pregnancies:

- | Analyze pre-existing medical conditions and pregnancy-related complications for their impact on the patient and the fetus(es)

Fetal Heart Rate Assessment

- | Assess the components of fetal heart rate (FHR) patterns in electronic fetal monitoring (EFM) essential to the interpretation of fetal well-being
- | Determine the nursing care correlating with FHR patterns

Intrapartum Care

- | Formulate nursing care plan for the parturient based on knowledge of labor and delivery processes
- | Distinguish the factors that place a woman at risk for Cesarean birth
- | Summarize common complications and obstetrical emergencies during the intrapartum period and related nursing care

Postpartum Care

- | Develop appropriate nursing care for the postpartum patient based on physiological change and psychosocial adaptation
- | Identify nursing assessments and interventions for postpartum complications, both physical and psychological

Newborn Care

- | Analyze the critical elements of the newborn's adaptation to extrauterine life
- | Identify the nursing assessments and interventions for newborn care

Postpartum Discharge

- | Formulate a discharge teaching plan for the postpartum mother and newborn

Pre-Class Preparation

Required:

Reading: Saunders Comprehensive Review for the NCLEX-RN Examination, 9th ed.

- | Chapter 23: Risk Conditions Related to Pregnancy
Entire Chapter
- | Chapter 24: Labor and Birth
Entire Chapter
- | Chapter 25: Problems with Labor and Birth
Entire Chapter
- | Chapter 26: Postpartum Period
Entire Chapter
- | Chapter 27: Postpartum Complications
Entire Chapter
- | Chapter 28: Care of the Newborn
Entire Chapter
- | Chapter 29: Maternity and Newborn Medications
Entire Chapter

Recommended:

- | Davidson, M. R. (2013). Fast Facts for the Antepartum and Postpartum nurse: A nursing orientation and care guide in a nutshell.
- | Davidson, M. R. (2020). Fast Facts for the Neonatal nurse: A care guide for normal and high-risk neonates.

Additional Resources:

- | Postpartum Assessment & Interventions
<https://www.youtube.com/watch?v=g5kACb1it2o>
- | Postpartum Hemorrhage (3.23 Minutes) https://www.youtube.com/watch?v=F_ac-aCbEn0#action=share
- | Gestational Age Assessment <https://youtube/satilRd4Vi8>
- | Newborn Circumcision <https://youtu.be/r7T9muqv7bY>
- | Preeclampsia foundation website <http://www.preeclampsia.org/>
- | CDC (Centers for Disease Control and Prevention): Diabetes and Pregnancy
<http://www.cdc.gov/pregnancy/diabetes.html>
- | Placental Abruption <https://www.youtube.com/watch?v=Z9dBS1xLQMc>
- | Placenta Previa <https://www.youtube.com/watch?v=DMCowipIXgE>

Learning Activities

Classroom Activities

- I Lecture
- I Discussion

Laboratory/Clinical

- I Clinical practice

Assignments

- I Reading
- I Review questions at the end of chapters

Evaluation Methods

- I Unit exam

Texas Decs

QSEN Competencies

Knowledge

- II. A.1a; 2a, b.,3
- II. B. 2, 4, 5, 6, 7, 8, 11, 12
- II. C. 3, 4b. 5, 6, 7, 8; II.D. 1a, 1b, 1c, 3b, 4c,5a
- II. E.1a, 1b, 2, 4a,4b, 5, 6b, 12, 13
- II. F. 2
- II. G. 2a, 2b, 3a, 3b IV.C, 1, 3, 5, 8

Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety, Informatics

Clinical Judgments and Behaviors

- I. A.1, 2, 3a, 3b,
- I. B. 2a, 2b, 3.a, 3b, 3c, 4a, 4b, 5a, 5c, 6a, 6b, 6c
- II. A. 1, 2a, 2b, 3, 4
- II. B. 1, 2, 3a, 3b, 4, 5, 6, 7, 8, 9
- II. C. 1, 2, 3a, 4, 5, 6, 7
- II. D. 1, 2a, 2c, 2d, 3a, 3b, 3c
- II. E. 1, 2a, 2b, 2c, 3b, 4, 5a, 6a, 6c, 6d, 9, 10, 11, 12b
- II. F. 1a, 1b, 1c, 2a, 2b, 5a, 5b
- II. G. 1,2a, 2b, 3, 4, 5a, 5b, 6, 7
- II. H. 6
- III. A. 2, 3, 4, 5a
- III. B. 1, 2, 3a, 3b, 3c, 4, 5, 8, 9
- III. C. 2a, 2b
- III. D. 1, 2, 3
- III. E.1, 3
- III. F. 1
- IV. A. 1
- IV. B. 1a, 2

IV. C. 1a, 2b IV. D. 1b, 3b IV. E. 1b, 1c, 2b, 2c, 4	
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IM Student Learning Outcomes	NCLEX Test Plan
1, 2, 3, 4, 5, 6, 7, 8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
Concepts	Faculty
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Gas Exchange, Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sleep, Coping, Human Development	Debbie Dutton, MSN, RNC-OB
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