

Covenant School of Nursing
LVN-RN Track: Course Learning Guide
Topic: Obstetrics and Gynecological Care Part 2

Learning Goals / Outcomes

Upon completion of this lesson, you will be able to:

Complicated Pregnancies:

- Analyze pre-existing medical conditions and pregnancy-related complications for their impact on the patient and the fetus(es)

Fetal Heart Rate Assessment

- Assess the components of fetal heart rate (FHR) patterns in electronic fetal monitoring (EFM) essential to the interpretation of fetal well-being
- Determine the nursing care correlating with FHR patterns

Intrapartum Care

- Formulate nursing care plan for the parturient based on knowledge of labor and delivery processes
- Distinguish the factors that place a woman at risk for Cesarean birth
- Summarize common complications and obstetrical emergencies during the intrapartum period and related nursing care

Postpartum Care

- Develop appropriate nursing care for the postpartum patient based on physiological change and psychosocial adaptation
- Identify nursing assessments and interventions for postpartum complications, both physical and psychological

Newborn Care

- Analyze the critical elements of the newborn's adaptation to extrauterine life
- Identify the nursing assessments and interventions for newborn care

Postpartum Discharge

- Formulate a discharge teaching plan for the postpartum mother and newborn

Pre-Class Preparation

Required:

Reading: Saunders Comprehensive Review for the NCLEX-RN Examination, 9th ed.

- Chapter 21: Reproductive System
III. Pelvis and Measurements
- Chapter 22: Prenatal Period
Entire chapter
- Chapter 23: Risk Conditions Related to Pregnancy
Entire Chapter
- Chapter 24: Labor and Birth
Entire Chapter
- Chapter 25: Problems with Labor and Birth
Entire Chapter
- Chapter 26: Postpartum Period
Entire Chapter
- Chapter 27: Postpartum Complications
Entire Chapter
- Chapter 28: Care of the Newborn
Entire Chapter
- Chapter 29: Maternity and Newborn Medications
Entire Chapter

Recommended:

- Davidson, M. R. (2013). Fast Facts for the Antepartum and Postpartum nurse: A nursing orientation and care guide in a nutshell.
- Davidson, M. R. (2020). Fast Facts for the Neonatal nurse: A care guide for normal and high-risk neonates.

Additional Resources:

- Postpartum Assessment & Interventions
<https://www.youtube.com/watch?v=g5kACb1it2o>
- Postpartum Hemorrhage (3.23 Minutes)
https://www.youtube.com/watch?v=F_ac-aCbEn0#action=share
- Gestational Age Assessment <https://youtube/satIRd4Vi8>
- Newborn Circumcision <https://youtu.be/r7T9muqv7bY>
- Preeclampsia foundation website <http://www.preeclampsia.org/>
- CDC (Centers for Disease Control and Prevention): Diabetes and Pregnancy
<http://www.cdc.gov/pregnancy/diabetes.html>
- Placental Abrupton <https://www.youtube.com/watch?v=Z9dBS1xLQMc>

- Placenta Previa <https://www.youtube.com/watch?v=DMCowipIXgE>

Learning Activities

Classroom Activities

- Lecture
- Discussion

Laboratory/Clinical

- Clinical practice

Assignments

- Reading
- Review questions at the end of chapters

Evaluation Methods

- Unit exam

Texas Decs	QSEN Competencies
<p>Knowledge</p> <p>II. A.1a; 2a, b.,3 II. B. 2, 4, 5, 6, 7, 8, 11, 12 II. C. 3, 4b. 5, 6, 7, 8; II.D. 1a, 1b, 1c, 3b, 4c,5a II. E.1a, 1b, 2, 4a,4b, 5, 6b, 12, 13 II. F. 2 II. G. 2a, 2b, 3a, 3b IV.C, 1, 3, 5, 8</p> <p>Clinical Judgments and Behaviors</p> <p>I. A.1, 2, 3a, 3b, I. B. 2a, 2b, 3.a, 3b, 3c, 4a, 4b, 5a, 5c, 6a, 6b, 6c II. A. 1, 2a, 2b, 3, 4 II. B. 1, 2, 3a, 3b, 4, 5, 6, 7, 8, 9 II. C. 1, 2, 3a, 4, 5, 6, 7 II. D. 1, 2a, 2c, 2d, 3a, 3b, 3c II. E. 1, 2a, 2b, 2c, 3b, 4, 5a, 6a, 6c, 6d, 9, 10, 11, 12b II. F. 1a, 1b, 1c, 2a, 2b, 5a, 5b II. G. 1,2a, 2b, 3, 4, 5a, 5b, 6, 7 II. H. 6 III. A. 2, 3, 4, 5a III. B. 1, 2, 3a, 3b, 3c, 4, 5, 8, 9 III. C. 2a, 2b III. D. 1, 2, 3 III. E.1, 3</p>	<p>Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety, Informatics</p>

III. F. 1 IV. A. 1 IV. B. 1a, 2 IV. C. 1a, 2b IV. D. 1b, 3b IV. E. 1b, 1c, 2b, 2c, 4	
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IM Student Learning Outcomes	NCLEX Test Plan
1, 2, 3, 4, 5, 6, 7, 8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
Concepts	Faculty
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Gas Exchange, Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sleep, Coping, Human Development	Debbie Dutton, MSN, RNC-OB
Date originated: 01/18/2018	Revision Dates: 12/20/2019; 11/05/2020; 09/30/2021; 02/06/2024

Instructional Module (LVN-RN Learning Guide)
OB/Gyn

Topic:

CSON Learning Guide (adopted 5-2015 by Faculty vote) – REV 9-2016, 10-2017, 1-2023, 3-2023