

Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: Eating Disorders

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Differentiate between various types of eating disorders. • Choose effective treatment for patients with these disorders. • Use therapeutic communication while providing nursing care to patients with these disorders.
Pre-Class Preparation
Required: Hockenberry, M. J., Wilson, D. & Rodgers, C.C. (2022). <i>Wong's essentials of pediatric nursing</i> (11th ed.). St. Louis, MO: Mosby/Elsevier. Recommended: • Anorexia Nervosa and Bulimia Nervosa, pgs. 460-463. Additional Resources: Recommended. • HESI Clinical Skills: Skills for Nursing Collection: Mental Health Collection • HESI Case Studies & Practice Test: Psychiatric/Mental Health
Learning Activities
Classroom Activities: • Discussion: What are the different types of therapy that may be used with these disorders? • Watch several brief clips that distinguish the different disorders. • Activity: Identify concepts that correlate with each disorder. Laboratory/Clinical Activities: • Apply theory to the care of a child or adolescent with an eating disorder. Online/Out of Class Activities: • HESI Clinical Skills: Mental Health Collection: Eating Disorders • HESI Case Studies & Practice Test: Psychiatric/Mental Health: Feeding and Eating Disorders
Evaluation Methods
• Unit Exam • HESI Specialty Exam: Pediatric Nursing

Texas DEC's	QSEN Competencies
Knowledge: IIB1, 3, 9; IIC 1b, 2b, 4b, 8; IIE4a, 6a. Clinical Judgment: IIB1-2; IIC1, 4; IIE1, 2b, 3b-6c, 9.	Patient-Centered Care, Evidence-Based Practice, Teamwork and Collaboration, Informatics, Safety.
IM Student Learning Outcomes	NCLEX Test Plan
1, 2, 5, 6, 8	Psychosocial Integrity: Behavioral Interventions, Crisis Intervention, Family Dynamics, Mental Health Concepts, Therapeutic Communication, Therapeutic Environment. Physiological Integrity: Basic Care and Comfort: Nutrition and Oral Hydration.
Concepts	Faculty
Cognitive Function, Moods and Affect, Safety, Nutrition, Clinical Judgment	D'Anne White MSN, RN
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