

Community Service Reflection

I chose to help fill boxes in the dry goods area, at the South plains food bank.

This service has been in Lubbock TX for over 30 years period its inception was in 1983.

The service contributes to the community by Helping to feed low income families. They have several different programs, Starting with their drive up food box program. They also have the kids café program. The kids café program provides free snacks and meals to low income kids, after school and during vacation periods. They have a program to combat the food insecurity in rural areas through its mobile pantry program. The South plains food bank serves over 20 different counties. They have a farm that has 3.5 acres currently being farmed. The farm staff works with Texas AgriLife on research projects to improve the understanding of growing vegetables in West TX. They grow over 50 types of vegetables, fruits, and herbs. The farm grows loofah gourds used by youth and the grub program to make a value added soap product called grub scrub. They also have the senior box program; Where they provide a box of nutritious food to low income seniors each month. Not only that but they have a community resource representative who helps families apply for financial assistance food assistance and medical assistance.

The South plains food bank relies on donations, to get its funding. They also rely on volunteers to help prep and get things ready to be distributed.

I have learned through this experience that There is a great need in our community. I have also learned, that I have a great love for helping those that are less fortunate than I am.