Student Name: Marissa Olivarez **Date:** 1/30/24

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

0900a, Dx: resp. failure, fair general appearance

Neurological–sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

LOC x4, sensation x6, coordinated x4, strength: strong HGTW bilat. Speech is clear, pupil 3mm round & reactive to light

Comfort level: Pain rates at 8 **(0-10 scale) Location:** Chest

Psychological/Social (affect, interaction with family, friends, staff)

responsive affect, Friendly interaction

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) EENTM symmetrical - no drainage, poor teeth, missing teeth. No swollen nodes, no trouble swallowing

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

symmetrical chest, all clear breath sounds, equal rate/rhythm. rate 16, unlabored pattern

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S1 & S2 auscultated, apical 76 radial 78, rhythm even, radial +2 pedal +2 bilat pattern cap refill ≤3 sec

Student Name: _____ **Date:** _____

Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Last BM 1/30/24, active bowel sounds x4, soft abdomen. no tenderness present

Last BM 1/30/24

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) no freq., urgency, continence. clear, yellow, no odor, no bleeding no discharge

/ **Urine output** (last 24 hrs) / **LMP** (if applicable) /

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities) alignment symmetrical, posture stooped, mobile & gait steady, pt is able to move x4 extremeties

Skin (skin color, temp, texture, turgor, integrity) skin pale, temp warm x4, texture smooth, turgor WNL

Wounds/Dressings

—

Other

— pt c/o chest pain from previous chest compressions

Adopted: August 2016

Marissa Olivarez

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies: N/A

Primary IV fluid and rate: NS 50mL/hr

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Apixaban	5mg BID PO	—	dec. risk of blood clot prevention	1. abrupt discontinue could form blood clot, consider alternate anticoagulant 2. Bloody, or black tarry stools could indicate internal bleeding 3. Hives, itching, skin rash - anaphylaxis
Aspirin	81mg PO QD	—	Treats or prevents heart attack, stroke, & chest pain.	1. dec. frequency or amount of urine - could indicate kidney problems 2. Chest pain - could be MI warning 3. yellow eyes, skin - liver problems
Ceftriaxone	2g IVP q 12h	IVP. NS 20mL		1. Sores, ulcers, or white spots on the lips could indicate thrush 2. Black tarry stools could indicate internal bleeding 3. painful, difficult urination - could be UTI symptoms
Lisinopril	20mg PO BID	—	Treats high blood pressure	BB. 1. DC asap if pregnant. could cause harm or death to fetus 2. dizziness, faint, lightheaded when getting up from lying - dec. in blood pressure 3. Arm, back, jaw pain - sign of heart attack

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

Allergies:

Primary IV fluid and rate:

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Spirinolactone	25mg PO QD	–	K+ sparing. "water pill" used to dec. fluid	1. weight gain - >5lbs /wk could indicate retaining fluid 2. Dizziness - drop in blood pressure 3. swelling face, fingers, feet, ankles, or legs indicate pt should check for edema
Mg+ sulfate	2g IVPb PRN	NS - 25mL/hr	Used for the muscles & nerves	1. Confusion 2. Dizziness or lightheaded 3. Fast, slow, irreg HB could be cause of too much mg+ given
K+	20meq PO PRN	–	Used to treat or prevent hypokalemia	1. Rash, hives, itching - allergic reaction 2. SOB, irreg. HB, weak - sign of hyperkalemia 3. Throwing up blood could indicate internal bleeding
				1. 2. 3.

drugs.com

Marissa O.

Diagnostic Worksheet

Mark high / low values with (↑ or ↓)		Covenant Normal Values – *Diagnostic values vary from laboratory to laboratory.	Dates: Admit day	Dates: Most Recent		
CBC	WBC	3.6-10.8 k/uL	19.32	7.42	↑	–
	HGB	14-18 g/dL	9.5	9.2	↓	↓
	HCT	42% - 52%	33.0	28.1	↓	↓
	RBC	4.7-6.1 m/uL	3.38	3.26	↓	↓
	PLT	150 - 400 k/uL	302	308	–	–
CMP	Glucose	70-110 mg/dL	313	154	↑	↑
	Sodium	134 - 145 mmol/L	139	133	–	↓
	Potassium	3.5 - 5.3 mmol/L	4.1	3.6	–	–
	BUN	9-21 mg/dL	23	38	↑	↑
	Creatinine	0.8-1.5 mg/dL	1.20	1.40	–	–
	Chloride	98 - 108 mmol/L	109	97	↑	↓
	Calcium	8.4 - 11.0 mg/dL	7.6	8.7	↓	↑
	Mg++	1.6 - 2.3 mg/dL	7.6	1.9	↑	↓
	Total Protein	5.5 - 7.8 g/dL	—	—		
	Albumin	3.4 - 5 g/dL	2.3	—	↓	
	Total Bilirubin	0.1 - 1.3	0.2	—	–	
	AST(SGOT)	5 - 45 u/L	36	—	–	
	ALT (SGPT)	7-72 u/L	33	—	–	
	Alk Phos (ALP)	38 - 126 u/L	78	—	–	
Lipid Panel	Cholesterol	200mg/dL	—	—		
	TRIG	0-150 mb/dL	—	—		
	HDL	>60mg/dL	—	—		
	LDL	0-100 mg/dL	—	—		
Common	GFR	Refer to lab specific data	57	47	↓	↓
	TSH	0.35 - 5.5 ULU/L	—	—		
	Digoxin	0.8 - 2 ng/dL	—	—		
	PT	10.0 - 12.9 secs	11.9	—	–	
	INR	Therapeutic 2 - 3	1.1	—	↓	
	PTT	25.3 – 36.9 secs	25	—	↓	
	BNP	5 - 100 pg/dL	—	—		
	CKMB	0 - 5 ng/dL	—	—		
	Troponin	neg = < 0.07 ng/mL	505	—	↑	

Mark high / low values with (↑ or ↓)		Covenant Normal Values *Diagnostic values vary from laboratory to laboratory.	Dates: Admit day	Dates: Most Recent	
UA	Sp Gravity	1.005 - 1.030	1.017	—	↑
	Protein	Neg	≥ 1000	—	↑
	Glucose	Neg	250	—	↑
	Ketone	Neg	(–)	—	–
	Nitrite	Neg	(–)	—	–
	Leukocytes	Neg.	(–)	—	–
	Bilirubin	Neg	(–)	—	–
	Blood	Neg	Mod.	—	↑
	pH	5.0-7.0	6.0	—	–
Other Labs					

Date	Culture	Site	Result
	Blood		
	Urine		
	Wound		
	Wound		

Other Diagnositic / Procedures
Examples: CT/Xray/MRI/Paracentesis

Date	Type	Result

Point of Care Glucose Results

Date	Time	Result	Date	Time	Result
11/19/24	2254	313			