

Patient Preparation Worksheet

Time	Meds/Care Priorities	Labs/Glucose

Initials: _____ Room #: _____ Adm. Date _____ Post op day# _____

Diagnosis: _____

Current problem: _____

Patient Story: _____

Allergies: _____

PRIORITY Body System to Assess: _____

	CV	Resp	Neuro	GI	GU	Skin	VS/Pain	Other
Prior Nursing Assessment								
Current Nursing Assessment								

Abnormal Relevant Lab Tests	Current	Clinical Significance
Complete Blood Count (CBC) Labs		
Metabolic Panel Labs		
Misc. Labs		
Lab TRENDS Concerning to Nurse?		

Code Status _____
 O2 therapy _____
 IV site _____
 IV Maintenance _____
 IV Drips _____
 Tubes _____
 Activity _____
 Fall Risk/Safety _____
 Diet _____
 Last BM _____
 Intake: _____
 Output: _____
 Therapies: RT/OT/PT _____
 Dressings _____

Notes:

Pharmacology

List each medication you will administer this shift and the PRNs in the last 24 hours.

Medications	Pharm. Class	Mechanism of Action In OWN WORDS	Common Side Effects	Assessments/nursing responsibilities

Pathophysiology

Interpreting clinical data collected, what is the primary/current medical problem? State the pathophysiology of this problem in your *own* words.

Medical Problem	Pathophysiology of Medical Problem

Problem Recognition

To prevent a complication based on the primary medical problem, answer each question in the table below.

Question	Most Likely	Worst Possible
Identify the most likely and worst possible complications.		
What interventions can prevent them from developing?		
What clinical data/assessments are needed to identify them early?		
What nursing interventions will the nurse implement if the anticipated complication develops?		

Putting it All Together to Provide Safe Patient Care

1. Which findings have you collected that are most important and need to be noticed as clinically significant?

Most Important Assessment Findings	Clinical Significance

Medical Management of Care

2. Identify the rationale for each provider order and its expected outcome.

Provider Order	Rationale	Expected Outcome

Nursing Management of Care

3. After interpreting clinical data collected, identify the nursing priority goal for your shift and three priority interventions specific for your patient. For each intervention write the rationale and expected outcome.

Nursing Priority	
Goal/Outcome	
Priority Intervention(s)	Expected Outcome
1.	1.
2.	2.
3.	3.

4. What interventions/nursing responsibilities could be delegated?

Nursing Tasks/Interventions	Appropriate Delegation to Whom?	Rationale for Delegation

5. To provide compassionate holistic care for this patient, answer the following questions.

What is the patient likely experiencing/feeling right now in this situation?	
What can you do to engage yourself with this patient's experience, and show that they matter to you as a person?	

6. Identify the psychosocial/holistic care priority specifically for your patient based on the findings you noticed as most important. List appropriate interventions, rationale, and expected outcomes.

Psychosocial/Holistic Care Priority		
Priority Intervention(s)	Rationale	Expected Outcome

EDUCATION PRIORITIES/DISCHARGE PLANNING

7. Identify three priority educational topics that need to be included in a teaching plan to prevent complications and prepare this patient for discharge.

Teaching About Illness Care	Rationale	How are you going to teach?
1.	1.	1.
2.	2.	2.
3.	3.	3.

EVALUATION

8. After implementing the plan of care, interpret clinical data at the end of your shift to determine if your patient's condition has improved, has not changed, or has declined. (NCSBN: Step 6 Evaluate outcomes)

Most Important Data	Improved	No Change	Declined

9. Has the patient's *overall* status improved, declined, or remained unchanged during your shift? If the patient has not improved, what other interventions must be considered by the nurse? (NCSBN: Step 6 Evaluate outcomes)

Overall Status	Additional Interventions to Implement	Expected Outcome

END OF SHIFT: Professional Communication-SBAR to Primary NURSE

<p>Situation</p> <ul style="list-style-type: none"> Name/age Brief summary of primary problem Day of admission/post-op #
<p>Background</p> <ul style="list-style-type: none"> Primary problem/diagnosis Most important past medical history Most important background data
<p>Assessment</p> <p>Most important clinical data:</p> <ul style="list-style-type: none"> Vital signs Assessment Diagnostics/lab values <p><i>Trend</i> of most important clinical data (stable-increasing/decreasing)</p> <ul style="list-style-type: none"> How have you advanced the plan of care? Patient response Current status (stable/unstable/worsening)
<p>Recommendation</p> <ul style="list-style-type: none"> Suggestions to advance plan of care

POST-CLINICAL REFLECTION

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	
What did you already know and do well as you provided patient care?	
What areas do you need to develop/improve?	
What did you learn today?	
How will you apply what was learned to improve patient care?	