

Pediatric ED Reflection Questions

- 1. What types of patients (diagnoses) did you see in the PED?** I observed many patients being diagnosed with Flu, Strep, Covid, a young boy with a strained big toe, pink eye, suicide attempt, Cystic Fibrosis, and a baby with possible pyloric stenosis.
- 2. The majority of the patients who came in to the PED were from which age group? Was this what you expected?** I saw a range of patients from four months old to 17 years old. This is what I expected because this is a centralized children's hospital and people from many counties have to drive to get medical attention at this location.
- 3. Was your overall experience different than what you expected? Please give examples.** I had a fantastic time while in the emergency department. Erin and Tommy were great nurses to be around. They asked me questions about diseases, allowed me to do assessments and begin the introduction process, and made sure I was comfortable every step of the way. I was able to complete many assessments, give a suppository to a four month old, and discontinue an IV.
- 4. How did growth and development come into play when caring for patients (both in triage and in treatment rooms)?** I had many patients in the toddler and preschool age range. I had to learn how to talk to them in a manner that would not scare them, but still give them enough information to understand the procedure I was about to do. For example, I had a four-year-old with pink eye who needed discharge vital signs done. The only way I was going to get her blood pressure was to say, "the cuff was going to give her a big hug" and give her an Elsa sticker after vital signs were completed. After I explained, she was more than willing to sit still. In another room I had a 17-year-old who needed his IV removed. Since he was an adolescent, I was able to explain everything without "bribing" him with stickers.

5. **What types of procedures did you observe or assist with?** I observed a 4-year-old with cystic fibrosis get a breathing treatment with the respiratory team, watch Tommy insert an IV to refresh my memory, obtain many vital signs on a variety of age ranges, and give a suppository to a four-month-old.
6. What community acquired diseases are trending currently?
7. What community mental health trends are being seen in the pediatric population?
8. What patient population is the most vulnerable?
9. What is the process for debriefing after a traumatic event?
10. If someone donated \$100 million to the PED, what would you change?
11. What is the process for triaging patients in the PED?
12. What role does the Child Life Specialist play in the PED?