

**Covenant School of Nursing
Instructional 1 Learning Guide
Topic: Elimination**

Learning Goals/Outcomes	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Review anatomy of the GI and GU systems • Assess factors that impact urinary and bowel elimination • Identify factors related to alterations in elimination across the life span • Identify components of a complete bladder and bowel assessment • Identify interventions to promote normal bowel and bladder elimination 	
Pre-Class Preparation	
<p>Required: Read</p> <ul style="list-style-type: none"> • Potter, P., Perry, A., Stockert, P., & Hall, A. (2021). <i>Fundamentals of Nursing</i> (11th ed.) <ul style="list-style-type: none"> o Chapter 46: Urinary elimination o Chapter 47: Bowel elimination <p>Additional Resources:</p> <ul style="list-style-type: none"> • None 	
Learning Activities	
<p>Classroom Activities:</p> <ul style="list-style-type: none"> • Lecture • Group Discussion • In-class identification activity <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • Clinical assessment of bowel and urinary elimination <p>Online:</p> <ul style="list-style-type: none"> • None 	
Evaluation Methods	
<ul style="list-style-type: none"> • Unit Exam • CPE & Simulation 	
Texas DECs	QSEN Competencies
<p>Knowledge: IA: 4; IB: 3, 7b, c IIB: 1,2,3; IIC: 1a, 2a, c; IID: 1a IIIA: 3; IIIB: 1a, b; IIIC: 2; IIID: 1c IVA: 5a; IVC: 4b; IVE: 1a</p> <p>Clinical Judgments and Behaviors: IA: 2; IB: 3a, b, c, 8 IIA: 2a; IIB: 1, 2, 3a, 5, 9; IIC: 1; IID: 2c IIB: 1, 2, 3a, 9; IIIC: 2a, b; IIID: 1, 2, 3 IVA: 2a; IVC: 2b, c; IVE: 1a</p>	<p>Patient Centered Care Safety</p>
IM Student Learning Outcomes	NCLEX Test Plan

1; 4; 8	Management of Care: Client Rights; Health Promotion and Maintenance: Techniques of Physical Assessment
Concepts	Faculty
Health Promotion: Physical Assessment	Stunkard
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CSON Learning Guide (adopted 5-2015 by Faculty vote) – REV 9-2016