Clinical Goals/Post Clinical Discussion Prompts

Week 1 Clinical Goals: (Vital Signs)

1. Demonstrate effective communication and professionalism while providing patient care.
2. Perform vital signs assessment including manual blood pressure with instructor observation. Continue to assist with vital signs, both manual BP and using BP machines, on other patients as needed by healthcare team. **Be sure to report any vital sign measurement outside of normal ranges to the nurse. If you cannot find the nurse, report measurements outside of normal limits to your instructor.**
3. Assist with as many activities of daily living as possible. Activities of daily living include assistance with bathing, showering, brushing teeth, hair care, assisting with meals, emptying trash, straightening up rooms, refilling water pitchers.
4. Answer call lights. You may not know how to address the patient's need, but you can find someone who does.
5. Throughout care make efforts to think of how care affects patient outcomes (i.e. how well is your patient progressing toward recovery?). As you perform baths, assist with ambulation, and speak with patients consider aspects of physical assessment. What is the patient's mental status, emotional status, nutritional status? What needs do you feel are priorities for each patient you see?

*Note – do not give food or water to patients until a member of the healthcare team has confirmed the patient is not NPO. Report all vital signs measurements to nurse or CNA for documentation.

Week 1: Post Clinical Discussion

Look at the elements below and think about if you observed an example of one or more during the clinical day. Be prepared to share during post clinical conference.

Safe and Effective Care Environment

The nurse promotes achievement of client outcomes by providing and directing nursing care that enhances the care delivery setting in order to protect clients and health care personnel.

- Delegate and supervise care of client provided by others (e.g., LPN/VN, assistive personnel, other RNs)
- Provide education to clients and staff about client rights and responsibilities
- Advocate for client rights and needs
- Collaborate with multi-disciplinary team members when providing client care
    - (e.g., physical therapist, nutritionist, social worker)
- Maintain client confidentiality and privacy
- Recognize and report ethical dilemmas
- Recognize limitations of self and others and utilize resources